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## SRI MADHWA SIDDHANTA

Monthly Journal of  
Sriman Madhwa Siddhantonnahini Sabha Tiruchanur Tirupati  
517 503 - Ph.: (0877) 223 97 25

### Issue No. 399 APR. - 2025

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### Issued to S.M.S.O. Sabha Members, Patrons & Donors

Publisher Hony. Secretary S.M.S.O. Sabha <b>R. ANANTHAN</b> , F.C.A., 12, Amarjothi Gardens, Railway Feeder Road, TIRUPUR 641 601. Ph. Off: (0421) 2201 322 Res: (0421) 2243 832 ananthan.ca@gmail.com	<i>Managing Editor</i> <b>N. Raghothaman</b> 35/2, Arimuthu Achari Street Triplicane CHENNAI - 600 005. 73387 06674 2121raghu@gmail.com
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S.M.S.O. Sabha Journal - 399<sup>th</sup> Issue (Apr. - 25)

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# SMSO SABHA

## Kumbhabhishekam

The long-awaited Kumbhabhishekam ceremony of Lord Sri Vedavyasaru, Sri Vayudevaru and Sri Madhwacharyaru at SMSO Sabha, Tiruchanoor, near Tirupathi has been celebrated with great grandeur and divine fervour on 30<sup>th</sup> and 31<sup>st</sup> January 2025.



The temple, which holds immense cultural and spiritual significance witnessed an unprecedented turnout of devotees from all walks of life. The sacred occasion, which marks the consecration of the temple's deities, was performed with meticulous rituals and traditional grandeur.

The spiritual event was graced by pontiff of Sri Uttaradhi Mutt Sri Sri 1008 Sri Sathyatma Theertha Sripadangalavaru. From the early hours of the morning, thousands of devotees gathered in reverence to witness and take part in the sacred rituals that are central to this grand ceremony.

The atmosphere was filled with devotion and reverence, as thousands of devotees participated in the procession, homas, prayers and offerings, seeking divine blessings. The whole event was live streamed in SMSO SABHA YouTube Channel.



The Honorary Secretary CA R Ananthan and Council members of SMSO Sabha expressed heartfelt gratitude to all SMSO Nidhi Directors & Staff, devotees, and supporters who made this event a resounding success.



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# Ayodhya's Beloved Prince, Sri Rama.

*Jyothi Raghavendra Rao, Bangalore.*

*Ph. 080-23334642 ; 9148216508*

From time immemorial, Sri Ramachandra has been the '*ishtha-devatha*' for millions and millions of people. Sage Valmiki describes the wonderful qualities of Sri Rama in glowing terms and tells his readers how He had endeared Himself to all His people. To Dasaratha, Sri Rama was the very breath of his life and he could not survive His separation.

Kausalya and the other queens doted on Sri Rama. His brothers were full of love for Sri Rama and were ever ready to do His smallest bidding. Sitadevi worshipped Him as her Lord and Master Hanumantha considered himself as Sri Rama's humble servant. With a heart filled with joy and pride, he declared before Ravana and all his ministers, "***Dasoham Kosalendrasya.***" The rishis in the forest considered Sri Rama as their Friend and Protector.

Sri Rama was the beloved prince of all the citizens of Ayodhya. They were overjoyed to hear that Dasaratha had decided to coronate Sri Rama as the yuva raja. They felt an electrifying thrill in their body, and their eyes were filled with tears of joy, their hands went up in obeisance, and everybody's face was



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lit up with supreme happiness. The holy name, Sri Rama, Sri Rama, Sri Rama was on everybody's lips and their hearts were filled with Sri Rama!

What could have been Sri Rama's reaction to the sudden cancellation of His coronation?

Kaikeyi tutored by Manthara, succeeded in extracting the two boons from Dasaratha – Bharata's coronation and Sri Rama's banishment to the forest for fourteen years. The next day, the day of the coronation dawned and Kaikeyi sent word to Sri Rama.

The heart-broken Dasaratha was too full of pain and anguish and could not speak. So Kaikeyi herself spoke to Sri Rama of the two boons that she had asked of Dasaratha. While breaking the news to Sri Rama, she was all the while very keenly observing Sri Rama's face to see His reaction to the thunderbolt. But she was utterly perplexed to see Sri Rama with the same sweet smile, the same serenity and the same composure. There was not the slightest trace of shock, anger, bitterness or even a little disappointment.

In fact, so lovely was Sri Rama's smile that Kaikeyi feared that in her excitement and eagerness to convey the news, she had by mistake said she wanted Sri Rama's coronation and Bharata's banishment! Such was Sri Rama's composure and such was His smile! No wonder, Valmiki has described Sri Rama as always having a '*mandasmitha*' – a soft and gentle smile on His face!

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The people of Ayodhya were heart-broken when they heard that their beloved Sri Rama would not be coronated and that He was to go to the forest for fourteen years. Men, women, and children cried and many fainted. “Our Sri Rama is such a noble person. He cares for us and loves us just as He loves Mother Kousalya. He knows no anger and even if someone is angry, he speaks soothing words and comforts them. Sri Rama looks after each one of us like a loving father. The foolish Dasaratha has sent our most beloved faultless Sri Rama to the forest. We cannot live without Sri Rama. The forest will be our Ayodhya. We will all live most happily in the forest with Sri Rama, not in Ayodhya without Sri Rama.”

The whole of Ayodhya rose and followed Sri Rama’s chariot. The entire city was plunged in gloom and sorrow. Surya went down much before time. Chandra did not shine. The stars did not sparkle and the planets did not glow. There was no cool breeze and the air was still. The cows did not give milk to their calves.

Sri Rama, Lakshmana and Sitadevi go to the forest and the rest is *‘itihaasa’*.

Sri Rama may be a noble, virtuous son to Dasaratha, an affectionate brother to His siblings, a loving husband to Sitadevi, a caring and just ruler to His citizens – but what is He to us jivas struggling in this fathomless ocean called samsara?

Sri Rama says, “I give this assurance to all jivas, ‘whoever surrenders to Me even once, with this heartfelt prayer, I am your dasa, you are my Master. I will protect him.’ Even if Ravana surrenders to Me, I will save him. This is my firm resolve.”

What more can we want? So let us always have this prayer on our lips and in our hearts.

आपदां अपहर्तारं, दातारं सर्व संपदाम् ।  
लोकाभिरामं श्रीरामं, भूयो भूयो नमाम्यहम् ॥

*“Apadaam apahartaaram ;  
Daataram sarva sampadaam;  
Lokabhiraamam Sri Ramam;  
bhuyo bhuyo namaam-myaham”*

**Jala-kumbha Daana  
Visesha On Akshaya Triteeya Day  
April 30<sup>th</sup> — Wednesday**

Jalakumbha Daana means giving drinking water along with vessel. Daana Mantra:- (*Dharma Sindhu page 42*)

एष धर्म-घटो दत्तो ब्रह्म-विष्णु शिवात्मकः ।  
अस्य प्रदानात् सकला मम सन्तु मनोरथाः ॥

Chant the above sloka and give daana with Thulasi and Dakshina. If vessel is not available, a pot of drinking water alone can be given.

# SRI RAMA NAVAMI

*Chaitra-Shukla-Navami*

**April 6<sup>th</sup> — Sunday**

## *Pooja by Ladies*

Ladies can do this Pooja to the picture of the Lord Sri Rama. Naivedya of Maasa-dharma items. Wheat flour Laddu naivedya. (5 parts of wheat flour, 2 parts of sugar, 1½ parts of ghee – mixing all these in proper proportion). Then naivedya to Sri Anjaneya. Thamboola Dakshina, Prasada to others nearby. Rama naama songs, stotras.

## *Pooja along with Male-members*

Male members perform Pooja to Sri Ramapratima or Saligrama. If you do not know the Mantra, perform pooja like this:

Take two small vessels. Pour pure water in one vessel. In another vessel mix gandha with water. Apply gandha, akshata in the outer part of the vessels and put thulasi inside the vessels. They are 'Kalasas'. Place your hand on them and chant '**Om Namō Narayanaya**' 8 times. Now these are Kalasa Tirthas fit for Abhishekha.

Keep water in another cup for Achamana. Now, do Achamana. Then Sankalpa:-- "*Chaitra Shuddha Navami prayukta, Sri Ramachandrasya Sho-da-sha Upachaara Poojam Karishye*". Then puja:

1.	<i>Bharathee-ramana Mukhya Praanan- targatha Sita Pati Sri Ramachandram Aavahayaami</i>	Mantrakshata to Sri Rama Pratima or Saligrama
2.	<i>Aasanam Samarpa- yami</i>	Mantrakshata
3.	<i>Pada-yo: Paadyam Samarpa-yami</i>	Pure water to Sri Rama
4.	<i>Hastayo: Arghyam Samarpayami</i>	Pure water 3 times through Shankha
5.	<i>Aachama-nee-yam Samarpayami</i>	Pure water 3 times through Shankha
6.	<i>Snaa-pa-yaami</i>	Abhisheka with Shankha or Prokshana with Pushpa. Chant first Mantra in Purusha Sookta or "Om Namo Naarayanaaya"
7.	<i>Snaana Anantaram Aa-cha-ma-neeyam Samarpayami</i>	Pure water 3 times through Shankha
8.	<i>Vastram Samarpayami</i>	Mantrakshata
9.	<i>Gandhan Samarpayami, Akshataan Samarpayami</i>	Gandha, Akshata
10.	<i>Alankaaraan Samarpayami</i>	Alankaara with Pushpa Garland

11.	<i>Archana: 'Om Sri Kesavaaya Nama:',</i> .....	Chant the Kesavaadi 24 naamaas and do Archana
12.	<i>Dhoopam Samarpayami</i>	Dasaanga dhoopa
13.	<i>Deepam Samarpayami</i>	3-bhatti ekaarthi
14.	<i>Naivedyam Samarpayami, Thaamboola Dakshinaan Samarpayami</i>	Naivedya of all the items, fruits and Thaamboola, Dakshina, with Thulasi
15.	<i>Mahaa Neerajanam Samarpayami</i>	5-bhatti Mangalarathi
16.	<i>Praarthanaan Samarpayami</i>	Praarthana
17.	<i>Namaskaaraan Samarpayami</i>	Namaskaara

Sri Rama Pooja is now completed. If time permits, read out a few slokas of Rama Avatara from Vaalmiki Ramayana. A few slokas are given below.

एवं विसृज्य तान् सर्वान् राजा संपूर्ण मानसः ।

उवास सुखिनः तत्र पुत्रोत्पत्तिं विचिन्तयन् ॥ (7)

ततो यज्ञे समाप्ते तु ऋतूनां षट् समत्ययुः ।

ततश्च द्वादशे मासे चैत्रे नावमिके तिथौ ॥ (8)

नक्षत्रे अदिति दैवत्ये स्वोच्च संस्थेषु पञ्चसु ।

ग्रहेषु कर्कटे लग्ने वाक्-पतौ इन्दुना सह ॥ (9)

प्रोद्यमाने जगन्नाथं, सर्वलोक नमस्कृतम् ।

कौसल्या अजनयद् रामं दिव्य-लक्षण-संयुतम् ॥ (10)

कौसल्या शुशुभे तेन पुत्रेण अमित तेजसा । (12)

भरतो नाम कैकेय्यां, जज्ञे सत्य-पराक्रमः ।

अथ लक्ष्मण-शत्रुघ्नौ सुमित्रा अजनयत् सुतौ ॥ (14)

— (बालकाण्डे अध् 18)

### **PUSHYA ARKA YOGA — April 6<sup>th</sup> — Sunday**

On this Pushyaarka day, Saligrama Puja and Parayana of Sooktas and Stotras, Pradaksihna Namaskara, etc. are visesha. Parayana of Sri Raghavendra Stotra (if possible 3 times) can be done as this is mentioned in the Stotra itself (“Pushyaarkaadi Samaagamey”).

## **Mesha Sankramana**

*(Tamil New Year Day)* **April 13<sup>th</sup> Night**

**April 14<sup>th</sup> — Vishuvat Parva Punyakaala till 12.23 p.m.**

Mesha Sankramana falls on 13th April night. Next day is Vishu Parva Punya Kaala till 12.23 p.m. It is also Tamil New Year Day. Chittirai 1st. It is an important Parva-Kala for Pitru Tarpana. Gayathri Japa, Saligrama Puja and then Tarpana. Women: Tulasi Puja and Krishna Mantra Japa. Do not miss this very effective day. It will yield favourable results.

# VAISHAKHA SNANA

**April 12<sup>th</sup> to May 12<sup>th</sup>**

This month-long Vaishakha Snana is a form of vow or Tapas. We undertake this vow because it brings Divine Grace. The period is from Chaitra Maasa Pournami to Vaishaakha Maasa Pournami. On all the days, early morning (before Sun rise) Snana with Sankalpa is '**Vaishakha Snana**' Punyakaala.

Divine Grace comes in the form of strength in the body (Bala), good looking (Roopa), fame (Yasha:), noble thoughts (Dharma Chintana), enlightened knowledge (Jnana), long life, happiness, courage (Mano Dhairya), and health.

बलं, रूपं, यशो, धर्मं, ज्ञानं, आयुः, सुखं, धृतिम् ।  
आरोग्यं परं आप्नोति, संयक्, स्नानेन मानवः ॥

**Snana Time:—** From Arunodaya Kaala (4.30 am) till before Sun rise. In case, if Snana could not be performed before Sun rise, atleast the Sankalpa and Vaishakha Snana Mantras and Arghya Mantras can be chanted during Snana.

After performing regular Snana, 12 Namas (using water), Aachamana, Pranayama and Sankalpa.



### Snana - Sankalpa

..... एवं गुण विशेषण विशिष्टायां, शुभ-तिथौ,  
भारतीरमण मुख्यप्राणान्तर्गत श्री वैशाख-मधुसूदन  
प्रेरणया, श्री वैशाख-मधुसूदन प्रीत्यर्थं, वैशाख-स्नानं  
करिष्ये ॥

After chanting the regular Snana Mantras  
(Samasta Jagadaadhaara ..... and Ganga Smarana,  
etc.), chant the below 4 slokas.

### Snana - Mantra

1. वैशाखं सकलं-मासं मेष-सङ्क्रमणे रवेः ।  
प्रातः स-नियमः स्नास्ये, प्रीयतां मधुसूदनः ॥
2. मधु-हन्तुः प्रसादेन ब्राह्मणानां अनुग्रहात् ।  
निर्विघ्नमस्तु मे पुण्यं, वैशाख-स्नान-मन्वहम् ॥
3. माधवे मेषगे भानौ, मुरारे मधुसूदन ।  
प्रातःस्नानेन मे नाथ, फलदोभव पापहन् ॥
4. वैशाखे मेषगे भानौ, प्रातःस्नानं करोम्यहम् ।  
तीर्थे जलमये पुण्ये, पुनीहि मधुसूदन ॥

After chanting the above Slokas again perform  
Snana. Then offer Arghya through both hands by  
reciting the below Arghya Mantras. (You can write  
these Slokas in a paper and paste it in bathroom).

### Arghya - Mantra

1. नमः कमलनाभाय, नमस्ते जलशायिने ।  
नमस्तेऽस्तु हृषीकेश, गृहाणार्घ्यं नमोऽस्तु ते ॥  
विष्णवे नमः इदं अर्घ्यम् ॥
2. वैशाखे मेषगे भानौ, प्रातःस्नान-परायणः ।  
अर्घ्यं तेऽहं प्रदास्यामि, गृहाण मधुसूदन ॥  
मधुसूदनाय नमः इदं अर्घ्यम् ॥
3. एहि सूर्य सहस्रांशो, तेजोराशे जगत्पते ।  
अनुकम्पय मां भक्त्या, गृहाणार्घ्यं नमोऽस्तु ते ॥  
सूर्याय नमः इदं अर्घ्यम् ॥
4. विष्णु पादाब्ज संभूते, गङ्गे त्रिपथ-गामिनी ।  
गृहाणार्घ्यं मया दत्तं, जले सन्निहिता भव ॥  
गङ्गायै नमः इदं अर्घ्यम् ॥
5. गोदाद्याः सरितः सर्वाः तीर्थानि च हृदाश्च ये ।  
गृहाणार्घ्यं मया दत्तं, अर्घ्यं सम्यक् प्रसीदतु ॥  
तीर्थ-देवताभ्यो नमः इदं अर्घ्यम् ॥
6. ऋषभः पापिनां शास्ता, त्वं यमः समदर्शनः ।  
गृहाणार्घ्यं मया दत्तं, यथोक्त-फलदो भव ॥

॥ श्रीकृष्णार्पणमस्तु ॥

## Sankalpa and Snana Mantras In English

After performing regular Snana, 12 Namas (using water), Aachamana, Pranayama and Sankalpa. .... Evam Guna Viseshana Vishish-taayaam, Shubha-thithou, Bharatee-ramana Mukhya-praanaan-tar-gata, Sree Vaishaakha-Madhusoodana Prera-nayaa, Sree Vaishaakha-Madhusoodana Preetyartham, Vaishaakha-Snaanam Karishye.

After chanting the regular Snana Mantras (*Samasta Jagadaadhaara* ..... and Ganga Smarana, etc.), chant the below 4 slokas.

### Snana - Mantra

1. Vaishaakham Sakalam-maasam,  
    Mesha-Sankramaney Ravey: |  
    Praata: Sa-niyama: Snaasyey,  
    Preeyataam Madhusoodana: ||
2. Madhu-hantu: Prasaadeyna,  
    Braahma-naanaam Anugrahaath |  
    Nir-vighna-mastu May Punyam,  
    Vaishaakha-Snaana-Manvaham ||
3. Maadhavey Meshagey Bhaanau,  
    Muraarey Madhusoodana |  
    Praatas-snaaney-na May Naatha,  
    Phalado-bhava Paapa-han ||
4. Vaishaakhey Meshagey Bhaanau,  
    Praatas-snaanam Karomyaham |  
    Theer-they Jala-mayey Punyey,  
    Puneehi Madhusoodana ||

After chanting the above Slokas again perform Snana. Then offer Arghya through both hands by reciting the below Arghya Mantras. (You can write these Slokas in a paper and paste it in bathroom).

### **Arghya - Mantra**

1. Nama-h Kamala-naabhaaya,  
Namastey Jala-shaayiney |  
Namas-theystu Hrisheekeysha,  
Grihaa-naar-ghyam Namostu They ||  
Vishnavey Nama-h Idam Arghyam ||
2. Vaishaakhey Meshagey Bhaanau,  
Praatas-snaana-paraayana: |  
Arghyam They-ham Pradaasyaami,  
Grihaana Madhusoodana ||  
Madhusoodanaaya Nama-h Idam Arghyam
3. Yehi Soorya Saha-sraam-sho,  
Theyjo-raashey Jagatpathey |  
Anu-kam-paya Maam Bhaktyaa,  
Grihaa-naar-ghyam Namostu they ||  
Sooryaaya Nama-h Idam Arghyam
4. Vishnu Paadaa-bja Sam-bhoothey,  
Gangey Tri-patha-gaa-minee |  
Grihaa-naar-ghyam Mayaa Dattam,  
Jaley Sanni-hitaa Bhava ||  
Gangaa-yai Nama-h Idam Arghyam
5. Godaadyaa: Sarita: Sarvaa:,  
Theer-thaani cha Hra-daas-cha yey |  
Girhaa-naar-ghyam Mayaa Dattam,  
Arghyam Samyak Praseedatu ||  
Theertha-deva-thaabhyo Nama: Idam Arghyam

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6. Rishabha: Paapinaam Shaas-thaa,  
 Twam Yama: Sama-darshana: |  
 Grihaanaarghyam Mayaa Dattam,  
 Ya-thok-tha-phaladho Bhava ||  
 || Sree Krishnaarpanamastu ||

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Note:— Arghya Mantras 1, 3, 4 and 5 have to be offered daily throughout the year.

If unable to do Vaishakha Snana on all 30 days, do it atleast on last 3 days (Vaishakha Shukla Trayodasi, Chaturdasi, Pournami). The benefits will be proportionate.

Our ancestors used to go to a Kshetra to perform Vaishakha Snana in a Punya Teertha.

During this month, the Abhimani Devatas of Maha-Nadees are present even in small tanks and they wait there till six Ghatikas after the Sun-rise to bless those who come there for Vaisakha Snaana.

Those unable to go out for Snaana, can do it in well water. Those who take Vaisakha-Snaana in well water will be cleansed of their sins of the present Janma. If they take bath in Teerthas created by Devas, they would be purified of their sins of three Janmas. A bath in any seagoing river will wash off the sins of seven Janmas. Vaisakha-Snaana in sacred rivers such as Ganga, Yamuna, Godavari, Krishna, Kaveri, Narmada etc., would wipe off the sins accumulated in one crore of Janmas.

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One gets the fruitful effects of an Aswamedha Yaga if he simply steps out of the house towards a Punya-Teertha with an intention to have Vaisakha-Snaana. Lord Sri Lakshmi Narayana becomes immensely pleased with one who completes Vaisakha-Snaana before Sunrise and performs his Aanika thereafter.

Note: — The Arghya water should not go into the drainage. If you perform Snana in bathroom, then only chant the Arghya Mantras in the bathroom. After coming out of bathroom, wear 12 Namas using water and then offer Arghya water in a vessel. This Arghya water can be disposed under plants or on compound wall, etc.

**Women should also chant these Mantras during Snana and offer Arghya.**

### **The Lord Asks us:**

On how many days in a year, you have touched Me in Saligrama? On how many days, the auspicious sounds of Pooja-Ghanta/Jaangata Sabda and Purusha Sookta was heard in your house? The more you do that, more Nim-mati in your house.

**Book Not Received, Subscription,  
Change of Address etc.**

**Please contact**

**Sri Suresh, Cell : 7010 966258**

# *Importance of* **VAISHAKHA SNANA** from Skanda Purana

*By T.S.Raghavendran, M.A.,B.L., Advocate,  
45, Bharati Park Cross Road 3, Coimbatore-11  
Cell: 95938909, 99949 41706 Ph: 0422 - 2441706*

Ref: His book - “**Mahimas of Vaishaakha Maasa**” in  
Skanda Purana-Second Vaishnava Khanda - Adhyaya 1.

This is a conversation between Narada and  
Ambarisha Maha Raja.

नारद उवाच — Narada said:

माधवस्तेषु वैशाखं मासानां उत्तमं व्यधात् ॥ 8 ॥

Vaishaakha month is the most excellent one  
among months. (Sloka 8).

मासानां धर्महेतूनां वैशाखश्चोत्तमस्तथा ।

न अनेन सदृशो लोके विष्णु-प्रीति-विधायकः ॥

Vaishaakha is the most excellent one among  
all the months conducive to piety and virtuousness.  
There is nothing else like this in this world which  
is conducive to the pleasure of Vishnu. (Sloka - 15).

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### The Lord Is Highly Pleased

वैशाख-स्नान-निरते मेषे प्रागर्यमोदयात् ।  
लक्ष्मी-सहायो भगवान् प्रीतिं तस्मिन् करोत्यलम् ॥

The Lord accompanied by Lakshmi is much delighted with a person habitually engaged in the holy bath before Sun rise, in the month of Vaishaakha when the Sun is in Mesha Raasi. (16).

जन्तूनां प्रीणनं यद्वत् अन्नेनैव हि जायते ।  
तद्वत् वैशाख-स्नानेन विष्णुः प्रीणात्यसंशयम् ॥

Just as creatures are pleased with food, so also Sri Vishnu is undoubtedly pleased with the holy bath in the month of **Vaishaakha**. On seeing people engaged in holy bath in the month of **Vaishaakha**, the Lord becomes highly pleased. (Sloka - 17).

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**Vaishakha Snana Period**  
**12-04-2025 to 12-05-2025**

*Chaitra Pournami to Vaishakha Pournami*

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वैशाख-स्नान-निरतान् जनान् दृष्ट्वाऽनुमोदते ।  
तावतापि विमुक्तोऽद्यैः विष्णु-लोके महीयते ॥

If a person engaged in Vaishakha Snana before Sun rise, that person is liberated from sins, and is honoured in the world of Sri Vishnu.



### Even One Day Snana Great Sins Are Destroyed

सकृत् स्नात्वा मेषसंस्थे सूर्ये प्रातः कृताह्निकः ।  
महापापैः विमुक्तोऽसौ विष्णोः सायुज्यमाप्नुयात् ॥

If a person performs Vaishaakha Snana before Sun rise even a single day and performing the daily round of duties, then the great sins are destroyed and that person attains Vishnu Loka. (Sloka - 18).

स्नानार्थं मासि वैशाखे पादमेकं चरेद्यदि ।  
सोऽश्वमेधायुतानां च फलमाप्नोत्यसंशयम् ॥  
अथवा कूटचित्तस्तु कुर्यात् 'सङ्कल्प-मात्रकम्' ।  
सोऽपि क्रतुशतं पुण्यं लभेदेव न संशयः ॥

If a man takes a step for the purpose of **Vaishakha Snana**, he undoubtedly attains the benefit of Ten Thousands of Ashwamedha Yaaga Phala (horse-sacrifices). If a person of crooked mind simply resolves this within his mind, even he will obtain the merit of a hundred sacrifices. There is no doubt about this. (Sloka - 19, 20).

यो गच्छेद्धनुरायामं स्नातुं मेषगते रवौ ।  
सर्व-बन्ध-विनिर्मुक्तो विष्णोः सायुज्यमाप्नुयात् ॥

If a person goes a distance of a dhanus — distance of three and a half hands — in order to bathe

when the Sun is in Mesha Rasi, then that person will be liberated from all bondages. (Sloka - 21).

त्रैलोक्ये यानि तीर्थानि ब्रह्माण्डान्तर्गतानि च ।  
तानि सर्वाणि राजेन्द्र सन्ति बाह्येऽल्पके जले ॥

Oh eminent King, all the Tirthas (holy rivers) in the three worlds within the Brahmaanda (Universe) are present even in every little of water in Streams, etc. (Sloka - 22).

तावत् लिखित-पापानि गर्जति यम-शासने ।  
यावत् न कुरते जन्तुः वैशाखे स्नान-मंभसि ॥

Sins entered in the records of Yama roar only as a living being does not take bath in cold water in the month of Vaishakha. (Sloka - 23).

### **Vaishakha Snana In Rivers, Lakes, etc.**

तीर्थादिदेवताः सर्वा वैशाखे मासि भूमिप ।  
बहिर्जलं समाश्रित्य सदा सन्निहिता नृप ॥  
सूर्योदयं समारभ्य यावत् षड्घटिकावधि ।  
तिष्ठन्ति चाऽऽज्ञया विष्णोर्नराणां हितकाम्यया ॥  
तावत् न आगच्छता पुंसां शापं दत्त्वा सुदारुणम् ।  
स्वस्थानं यान्ति राजेन्द्र 'तस्मात् स्नानं समाचरेत्' ॥

All the Devatas of Tirthas (holy rivers) are always present in the external water (Bahir-jala) – rivers, lakes, etc., in **Vaishakha** month. At the behest of Sri Vishnu and with a desire for the welfare of people they stay for six ghatikaas –  $24 \times 6 = 144$  minutes – 2 hours and 24 minutes from Sun rise. (Sloka - 24, 25).

Note: – This extended hours (2 hrs and 24 mts) from Sun rise is given only as an exemption for Snana in rivers, lakes, etc. But however the normal rule that the Snana to be performed before Sun rise still holds good. For some reason, if one could not perform Snana before Sun rise, an exemption is given till 2 hours and 24 minutes from Sun rise. Until then the Devatas of Tirthas are present in the water of lakes, rivers, etc.

If people do not take bath at that time, they curse them terribly and go over to their respective abodes. Hence, oh great King, one should take bath as stated. (Sloka - 26).

If we are not able to perform Snana in a holy river and offer Daanas, the Lord is pleased even if we go through the above Purana Slokas and their meanings during Vaishakha Masa period. (12<sup>th</sup> Apr. to 12<sup>th</sup> May).

Please explain all these to other members in the house, especially youngsters.

**VAISHAKHA SNANA**  
**is a powerful Saadhana in our life.**

## ***Vaishakha Snana In Ganga River***

### **In Your Bathroom**

**(For Both Men and Women)**

If one remembers the Ganga river and chants and the below 12 names of the river Ganga at the time of daily Snana, (even at bathroom), then the river Ganga will be present in that water resource.

नन्दिनी नलिनी सीता मालती च मलापहा ।

विष्णुपादाब्जसम्भूता गङ्गा त्रिपथगामिनी ॥

भागीरथी भोगवती जाह्नवी त्रिदशेश्वरी ।

द्वादशैतानि नामानि यत्र यत्र जलाशये ॥

स्नानकाले पठेन्नित्यं तत्र सन्निहिता तु सा ॥

- |                      |                       |
|----------------------|-----------------------|
| 1. Nandinee          | 7. Gangaa             |
| 2. Nalinee           | 8. Tri-patha-gaaminee |
| 3. Seetha            | 9. Bhaageerathee      |
| 4. Maalathee         | 10. Bhogavathee       |
| 5. Malaapahaa        | 11. Jaanhavee         |
| 6. Vishnu-paadaabja- | 12. Trida-sheshwaree  |
| sambhoothaa          |                       |

**Please inform the above Ganga Snana to all the members in the house. These names can be pasted in bathroom. The water in the bucket in your bathroom becomes Ganga water if you remember Ganga river and chant these 12 names before Snana.**

## **Vaishakha Masa Mahatmya**

One may have time or convenience to have bath in Vaishakha Masa in a holy river or not, the grace of the Lord Sri Madhusudana is certain if the devotee reads (or) listens to the Vaishakha Masa Maahaatmya.

The author, Sri T.S.Raghavendran, has written two books on the Mahimas of Vaishakha Masa, one from Skanda Purana and another from Padma Purana. One can avail this opportunity to possess these books by contacting the author Sri. T.S.R. (95970 38909, 99949 41706) and read Vaishakha Masa Mahatmya.

Reading / hearing Vaishakha Masa Mahatmya pleases the Lord and paves the way for peace and prosperity in life. Atleast the devotees can read a few slokas (with meanings) published in this Journal from Pages 19 to 23 and try to perform Vaishakha Snana on the possible days and get the grace of the Lord Madhusudana. Even one day Vaishakha Snana removes great sins. (See Page 21).

Lord Madhusudana is the presiding deity of the Vaishakha Month.

### ***VAISHAKHA MONTH***

***Is The Most Dearest To The Lord.***

— Pamda Purana (Adh.-86, Slo.-19)

# AKSHAYA TRITEEYA

April 30<sup>th</sup> — Wednesday

Vaishakha Shukla Tritēya day is Akshaya Tritēya. Most auspicious day for any Shubha Karya. All Dharma Shastras praise this day. Even a little Punya Karya (Japa, Homa, Pitru-Tarpana, Daana) on this day, brings great Phala, says Dharma Sindhu (page 41).

यत् किञ्चित् जप, होम, पितृ-तर्पण,  
दानानि क्रियते, तत् सर्वं अक्षयं भवति ॥

## Not like other days

This day is not like any other ordinary day. If you celebrate this day with a little bit of sincerity and devotion, success is sure in life.

**1. Early Morning Snana with Sankalpa:—** Devout people go to a Punya Theertha for Snana on this day. Shastra says,

वैशाखे शुक्लपक्षे तु तृतीयायां तथैव च ।  
गङ्गा-तोये नरः स्नात्वा, मुच्यते सर्व-किल्बिषैः ॥

If Ganga water is available in the house, sprinkle a few drops (Prokshana) on your head. If not available, think of Ganga river and simply say '**Ganga, Ganga**' and have prokshana of ordinary water.

- 
2. **Japa-process:** Snana, then Madi-vastra, Gopi-chandana naama mudra, Sandhyavandana, and Gayatri Japa. No absent-minded Japa. A quality Japa with total inner involvement. It means unbroken concentration on the charming Figure of the Lord smiling at you, and sitting at the Centre of the Sun. 108 times Gayatri Japa. If no time, atleast 10 times (in 7 minutes). Ladies: Thulasi Puja and Krishna Mantra Japa.
  3. **Puja:** Saligrama Puja, within the available time. Abhisheka with Gandho-dak<sup>1a</sup>\*. Full Devara Puja, including Ramaa-Naivedya.
  4. **Pitru-Tarpana:** Sarva-pitru Tarpana is a must on Akshaya-Triteeya day (by those to whom it is applicable).
  5. **Dana:** Shastra says Dana in general, yields benefits, sure and certain. (Dhru-vam-Phalati). Dana offered on this day, comes back in many fold. A small Dana offered on this day, comes back in unknown ways. Gods are pleased. Pitrus are also pleased. The result is "GOOD LUCK". Offer it to Lord first and then to a worthy person with Thulasi Dhala and Dakshina.

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\**Saffron (Kunkuma-Kesara), Cardamom (Elak-ki) powder, pacha-karpura, Thulasi Kaashta all mixed and blended with Chandana water is "Gandho-daka".*

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**6. Parayana:** If possible, parayana of any grantha atleast for 10 minutes. Be blessed with peace of mind, by chanting any stotra. Maha-phala for Manyu Sookta (or) Hari Vayustuti parayana in Puras-charana method. Ladies can do parayana of Lakshmi Shobhane, Madhwa Naama, Hari-katha-mrita-saara, etc.

**7. Anna-daana:** If worthy persons (Dampathis) are available nearby, invite them for anna santarpana and offer them theertha, thamboola, dakshina with thulasi, prior to Bhojana and receive their blessings.

On Akshaya Tritheeya day, each and every item mentioned above bestows countless blessings. It ensures the welfare of the whole family.

If possible, Manyu Sookta Homa or any other Homa can be performed. It brings more and more prosperity. Naivedya of Paanaka, Buttermilk, fruits are Maasa Dharma. In temples, the idols are covered with Chandana. In houses, Chandana water Abhisheka is ideal.

### **Do Not Spend This Day in Shops**

Therefore, this day is meant for Devara Puja, Anna Dana and other Dharma Karyas in the house. Discarding all these auspicious activities in the house, is it wise to spend the day in shops ?



The shop keepers in big advertisements, proclaim that the day is meant for purchasing sundry things from them. Dont get duped.

Akshaya-Triteeya day is an excellent opportunity to gain Divine Grace that removes our troubles in life. Our Kula Devata and our Pitrus are watching us whether we do any Dharma Karyas remembering them on this day. The day is the most auspicious (Parva Kaala). **This day is not for wasting time in the Bazaar.** And this day is not for giving our hard earned money to the shopkeepers. This day is meant to get peace of mind by offering daana, to worthy persons and for Puja.

If both Rohini Nakshatra and Wednesday combine on Akshaya Triteeya day, (or any one combines with this day,) more phala for japa, homa, etc. (Dharma Sindhu page 41)

It is also Vissha if Monday or Wednesday combines on this day, says Smrityartha Saagara.

### **(Akshaya Triteeya) Tarpana Mantra**

Aachamanam. Pavitra Dhaaranam.

आचमनं, पवित्रधारणम् । ॐ, भूः,..... एवं गुण  
विशेषण विशिष्टायां पुण्यतिथौ, प्राचीनावीति-  
अस्मत् पित्रादि समस्त पित्रन्तर्यामि, भारतीरमण-  
मुख्यप्राणान्तर्गत, श्रीजनार्दन वासुदेव-प्रेरणया,

श्रीजनार्दन वासुदेव-प्रीत्यर्थ, अक्षय-तृतीया, कल्पादि पुण्यकाल प्रयुक्त, पित्रादि समस्त पितृन् उद्दिश्य, तिल तर्पणं करिष्ये । अस्मत् पितरं..... ।

**After offering to all -**

अनेन, अक्षय-तृतीया, कल्पादि पुण्यकाल प्रयुक्त, पित्रादि समस्त पितृन् उद्दिश्य, तिलतर्पणेन, अस्मत् पित्रादि समस्त पित्रन्तर्यामि भारतीरमण-मुख्यप्राणान्तर्गत श्री जनार्दन वासुदेवः प्रीयतां, सुप्रीतोवरदोभवतु । श्रीकृष्णार्पणमस्तु ॥

Then Pavitra Visarjanam and then Achamanam.

### **Snana and Dana**

Samudra Snana or Punya-theertha Snana on this day, mitigates the sufferings and worries in life.

**Danas:** Gandha, Pushpa, Paanaka, Buttermilk, cool drinking flavoured water, chitraanna, curd rice, coconut, fruits, deepa, vastra, chappal, umbrella, palmyra hand-fan, mat, pillow, carpet, bed-sheet, bed, Go dana, etc. Whichever dana is possible can be given with thamboola dakshina and thulasi.

# Bhoovaraha Swami as Ashwatta Tree

April 26<sup>th</sup> — Saturday



On Chaitra Krishna Chaturdasi day, the Lord Bhoovaraha stood as Ashwatta Tree in Srimushna Kshetra, as per Purana Vachana.

That day was Sunday with Revati Nakshatra. (This Ashwatta Tree is situated on the bank of the temple tank).

Dhyana of Bhoovaraha Swami as Ashwatta Tree on this day, keeping Bhoovaraha in mind. Imagining Srimushna Kshetra and do Pradakshina Namaskara to a nearby Ashwatta Tree (or in your home) and get the benefits. In Sri Bhoovaraha Stotram Sloka 18 says:

चैत्रे कृष्ण चतुर्दश्यां रेवत्यां भानुवासरे ।

अश्वत्थ-रूपं वाराहं श्रीमुष्णेशं नमाम्यहम् ॥

Perform alankara and Puja to the picture of Sri Bhoovaraha Swami on this day. This gives Griha-Sampat, Putra-Sampat for the family and good fortune increases. In Srimushnam, they celebrate special Utsava in Bhoovaraha Swami temple on this day.

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***For further details please contact***

**Sri.S. Vasudevan,      Cell No. 98499 16915**  
Sabha Manager, Tiruchanoor

**Sri.V. Suresh,              Cell No. 94442 20615**  
SMSO Nidhi, Chennai.