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SRI MADHWA SIDDHANTA

Monthly Journal of

Sriman Madhwa Siddhantonnahini Sabha

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S.M.S.O. Sabha Journal - 400th Issue (May-25)

ब्राह्मणर पाद धूलि

Mahima of The Dust of The Feet of A Brahmana

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All kinds of sorrows in life will be removed by the dust of the feet of a Vedic Brahmana. The sins get destroyed. It begets all kinds of wealth and prosperity. The dust is a bridge to cross the ocean of samsara (cycle of births and deaths).

Why such greatness for the dust ?

All Devatas are fully present in a Vedic Brahmana, says Veda. If one performs Namaskara to such a Vedic Brahmana, all the Devatas (including one's own Kula Devata) present in that Brahmana will be pleased. They cleanse all our dirt and remove sins which in turn removes sorrows. Further they bless us with wealth and prosperity.

If you want to please all the Devatas and get their Anugraha, just do Namaskara to such a sacred Vedic Brahmana. It also paves the way for Moksha (permanent happiness).

Therefore whenever you see a Vedic Pandit, just

prostrate (Saashtaanga Namaskara) to his feet. The dust of the Vedic Pandit will protect you.

If we get all the above benefits just by worshipping Brahmanas who have learned and understood the Vedas and Shastras, then it is impossible to describe the merits of giving donations (daana) to such Pandits.

Never Feel Shy To Offer Saash-taanga Namaskara

Never feel shy to offer Saash-taanga Namaskara to Devaru, parents, grandparents, Guru and such other worshippable elders.

Sa + Ashta + Anga = Saash-taanga means the eight Angas in our body. 'Sa' means with those eight Angas. The Namaskara offered with all the eight Angas is **Saash-taanga Namaskara**.

The eight Angas are mentioned in this sloka:-

उरसा, शिरसा, दृष्ट्या, मनसा, वचसा तथा ।
पद्भ्यां, कराभ्यां, जानुभ्यां, प्रणामः अष्टाङ्ग ईरितः ॥

(1) उरसा = Chest (2) शिरसा = head (3) दृष्ट्या = eyes (4) मनसा = mind (5) वचसा = Vaak or mouth (6) पद्भ्यां = the two feet (7) कराभ्यां = the two hands

(8) जानुभ्यां = the two knees. All these 8 put together is Ashta-Anga. When we offer Namaskara totally involving these eight Angas, it is Saash-taanga Namaskara. This is for men. Women offer Namaskara with five Angas. Their chest should not touch the ground. They bend their knees and offer Namaskara.

PAANAKA PUJA

One day Paanaka Puja can be arranged any day from Yugadi day till Vaishakha Amavasya, except Ekadashi. Dashami, Dwadashi, Pournami, Amavasya, or your Janma Nakshatra days are any other appropriate days for Paanaka Puja.

Paanaka Puja belongs to daana category. After 4.00 pm in the evening, this Puja should be done with 'Madi'. Mostly the food items will not be 'boiled-items' (i.e. will not be '*Musare*' in kannada). Cooked items like Hunise hannu avalakki, Rava uppuma, Rava kesari, Mosaru avalakki, Arulu-sandige, Akki happala, Akki pennee, Rava-laddige, kosambari, Other important items – fruits like Mango, Jack fruit, tender coconut, paanaka, butter-milk, cool water, Palmira fans, gandha, pushpa, banana, thamboola, dakshina with thulasi.

After naivedya of all these items with Madi at 3.30 pm in the evening, Samarpana to Brahmana – Suvasinis. Paanka Puja is a must if someone in the house had passed away, earlier during the year.

Sankalpa

मम पितुः (मातुः) Name, गोत्रस्य,
 शर्मणः (or अम्मदायाः) पुण्यलोक अवाप्त्यर्थं,
 भारतीरमण मुख्यप्राणान्तर्गत श्री वैशाख-मधुसूदन प्रेरणया,
 श्री वैशाख-मधुसूदन प्रीत्यर्थं, सो-पस्कर, गुडोदक पूजां
 करिष्ये ।

Sankalpa first, then naivedya and then samarpana to invitees.

After giving Gandha, Teertha, Thamboola, Dakshina, Pushpa, Palmira fans to all, offer Teertha in their hands. Then with folded hands,

पितृ (मातृ) अन्तर्गत, भारतीरमण मुख्यप्राणान्तर्गत
 श्री वैशाख-मधुसूदनः प्रीयताम् । सुप्रीतोवरदोभवतु । श्री
 कृष्णार्पणमस्तु । रमा रमण गोविन्दा, गोविन्द ॥

Important

Drinking water daana, Maasa-Gowri-Vrata, Paanka Puja, etc., are important in Chaitra-Vaishakha months every year. If nothing is possible, atleast do this: Early morning Vaishakha Snana with Sankalpa / Snana Mantras.

Let other members in the house (especially youngsters) listen to Vaishakha Snana Mahima (pages 6 to 11 in this issue) and understand its importance. The Lord's grace is certain. It will pave the way for good times for entire family.

Importance of **VAISHAKHA SNANA** **from Padma Purana**

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Ref: His book - “**Mahimas of Vaishaakha Maasa**” in
Padma Purana - Paathaala Khanda.

Important

One may have time or convenience to have bath in Vaishakha Masa in a holy river or not, the grace of the Lord Sri Madhusudana is certain if the devotee owns this sacred book and reads the Mahimas of this great month Vaishakha Masa.

Even Three Days Snana Is Fruitful

यो दिनत्रयमपि प्रयत्नतः स्नाति मेष उपयाति भास्करे ।
भास्करेऽनुदित एव माधवे मासि सोऽघनिचयैः विमुच्यते

If one takes special effort and performs **Vaishakha Snana** before Sun rise even for three

days, then that person is freed from the heaps of sins.

Snana And Dana — Relief From Great Sins

पुण्यतीर्थे विशेषेण स्नान-दान-क्रियादिभिः ।
महापापैः विमुच्येत मानवो मासि माधवे ॥

A person is freed from great sins by performing Vaishakha Snana in holy rivers, lakes, etc. and offering Daana in those holy places during the month of **Vaishakha**. (Adhyaya-92, Sloka-91).

तावन्महापापचयः शरीरे शरीरिणस्तिष्ठति निर्विशंकः ।
यावन्मुदा चोषसि मेषराशिमुपागते मज्जति नो दिनेशे ॥

The heap of great sins remains in the body of a person till that person performs Snana at dawn, before Sun rise in **Vaishakha** month. (i.e. when the Sun enters the Mesha Rashi.). (Adhyaya-92, Sloka-92).

Vaishakha — Dear To Vishnu

यथा न वारिधिसमो लोके कोऽपि जलाशयः ।
तथा मासो न वैशाख-सदृशो माधवप्रियः ॥

In this world, there is no lake (or water resources) like the ocean. In the same way, there is no other month like **Vaishakha**, dear to Vishnu. (Adh-86, Sloka-19).

Yama's Secret Words

अनेक-जन्मार्जित-पातकावली विलीयते माधव-मज्जनेन ।

सूर्योदये भूप यथा तमिस्रं वचः स्वयम्भूरिदमादिशन्मे ॥

चकार विष्णुर्विपुलप्रचारं मासस्य वै माधव-संज्ञकस्य ।
यमस्य गुप्तं वचसा विचिन्त्य मनुष्यलोकं गमितं चकार

Chaturmukha Brahma told me these words:— The series of sins created, that is committed in earlier births, would disappear by bathing in the month of Vaishakha.

Sri Vishnu gave a great currency to the month named Madhava, that is, Vaishakha and considering secretly Yama's words, made it go to the human world. (Adhyaya - 86, Slokas - 33, 34).

Dana Is The Greatest

दानमेव परं श्रेष्ठं सर्वपुण्येषु वै द्विज ।
दानेन नश्यते पापं सर्वदानेन लभ्यते ॥

Oh Brahmana ! of all pious acts giving Dana alone is the greatest. Sin gets destroyed by means of Dana and everything is obtained through Dana. (97 - 30).

Narayana — Nama-smarana

यदा न ज्ञायते नाम तस्यातीर्थस्य भो द्विज ।
तत्रेत्युच्चारणं कार्यं विष्णुतीर्थमिदं महत् ॥
तीर्थस्य देवता विष्णुः सर्वत्रापि न संशयः ।
नारायणेति यन्नाम स्मरेत् तीर्थेषु साधकः ॥

तस्य तीर्थफलं सम्यक् विष्णुनाम्नैव जायते ।
 अज्ञातानां च तीर्थानां देवतानां न संशयः ॥
 विष्णुनाम्नैव नामानि मानवः परिकीर्तयेत् ।
 सर्वास्तु सिद्धयः पुण्यास्तीर्थभूतास्तु सागरः ॥

Oh Brahmana! when the name of a holy river (or lake) is not known, then utter the words “This is a great holy river (lake) of Sri Vishnu”. (Adh - 97, Sloka - 68).

There is no doubt that everywhere the presiding deity of a holy river (lake) is Sri Vishnu. **One who wants to secure salvation should remember the name ‘Narayana’ at all holy waters.** (69).

The proper fruit of the holy waters is produced merely by Sri Vishnu’s name. There is no doubt that a person should utter Sri Vishnu’s name in those holy waters where the names of the holy waters and deities are not known. (70, 71).

Last 3 Days Snana

त्रयोदश्यां चतुर्दश्यां पौर्णमास्यां विशेषतः ।
 अपि सम्यक् विधानेन नारी वा पुरुषोऽपि च ॥
 प्रातः स्नातः सनियमः सर्वपापैः प्रमुच्यते ।

If a woman or a man with proper rites performs Vaishakha Snana in the morning before Sun rise even on the last three days, then that person is freed from

all sins. (Adhyaya - 98, Sloka - 36, 37). These three days are collectively known as ‘**Anthya-Pushkarini**’.

Vaishakha Pournami Is Very Special

स्नान-दानार्चन-श्राद्ध-क्रिया-पुण्यादि-वर्जिता ॥
यस्यातीता च वैशाखी स नूनं निरयालयः ।
न वेदेन समं शास्त्रं न तीर्थं गङ्गया समम् ॥
न दानं जलगोतुल्यं न वैशाखी-समा तिथिः ।

A person who has passed the full moon day (Pournami) of Vaishakha without Snana, Dana, Puja, Shraddha, or other acts of merit, has indeed hell as his abode. (Adhyaya - 98, Sloka - 38, 39).

Among the Shastras, Veda is Supreme. There is no other sacred scripture like Veda. Among holy rivers, Ganga river is Supreme. There is no other holy river like Ganga. Among Danas, water Dana and Go (cow) Dana are Supreme. There is no other Supreme Danas like water and cow. Similarly, **among the days Pournami on Vaishakha month is very Supreme.** There is no other day like the Vaishakha Pournami. Therefore, early morning Snana with Sankalpa, Devara Puja and Dana are visesha on this Pournami.

This Pournami is called Aa-kaa-maa-vai Pournami.

Act is Small, Fruit is Big

स्वल्पमप्यद्भुतं कर्म विकर्म-शत-नाशनम् ।

यथा हरेर्ध्यानबलेन पापं विनाशमायाति महत्समग्रम् ।

प्रातस्तदा माधव-मास-दान-स्नानेन घोरं विलयं प्रयाति ॥

Though the act is small, it is wonderful and so would destroy hundreds of bad acts.

Great sins are destroyed due to the power of meditation upon Sri Vishnu. In the same way, formidable sins get destroyed due to early morning Snana and Dana in Vaishakha month. (Adhyaya - 93, Sloka - 3 and 4).

Though the act is small (Snana and Dana), its fruits are very big — destroys great sins and **the Lord is pleased.**

**Please read the above Vaishakha Maasa
Maahaatmya Slokas and its meaning daily
till 12th May 2025.**

**VAISHAKHA SNANA
is a powerful Saadhana
in our life.**

VAISHAKHA MAASA DHARMA

Daily Ashwatta Pradakshina

Watering Thulasi plant and Ashwatta Tree brings happiness to the entire Kula. (Nirnaya Sindhu page 70).

Other Shastras also glorify Ashwatta Vriksha pradakshina before 7 a.m. during Vaishaka month. One's desires are fulfilled. Chant Purusha Sookta or any Stotra. Ladies can sing Devaranamas. Anything in low voice during Pradakshina, with no disturbance to others. This sloka can be chanted during Pradakshina both by men and women.

मूलतो ब्रह्म रूपाय, मध्यतो विष्णु रूपिणे ।
अग्रतः शिव रूपाय, वृक्ष-राजाय ते नमः ॥

In Vaishakha month, (1) Snana with Sankalpa (2) watering Ashwatta Vriksha and then (3) Pradakshina to the tree --- all these will please Devatas and Pitrus. Our thoughts will flow on Dharmic path. The entire Vamsha gets relief from sorrows. These three slokas indicate this:

प्रातः स्नात्वा विधानेन माधवे माधव-प्रियम् ।
यो अश्वत्थ-मूलं आ-सिञ्चेत् तोयेन बहुना सदा ॥
कुर्यात् प्रदक्षिणं तं तु सर्व-देवमयं ततः ।

पितृ-देव-मनुष्यांश्च तर्पयेत् स-चरा-चरम् ॥

यो अश्वत्थं अर्चयेत् एवं उदकेन समन्ततः ।

कुलानां अयुतं तेन तारितं स्यात् न संशयः ॥

The last line says: “No doubt in this.”

Thulasi Archana

In Vaishakha month, perform Archana to Lord in the house either with Krishna Thulasi (Blue Thulasi) or White Thulasi. The Lord is immensely pleased.

तुलसी कृष्ण-गौराख्या, तया अभ्यर्च्य मधु-द्विषम् ।

विशेषेण तु वैशाखे, नरो नारायणो भवेत् ॥

(नि.सिं. p.70)

Good Times: How It Comes ?

Our sufferings are due to our own past bad deeds. To mitigate its bad effects, Shastras ask us to sincerely observe Vratas like Ekadasi, other Vratas / Danas / and Sevas in the Mutts / Temples during Vaishakha Maasa.

Devara Puja

Vaishaka Maasa Dharma: Daily Saligrama Puja, Thulasi & Pushpa Archana, Naivedya of Paanaka, Buttermilk, Tender Coconut Water, Mango and other fruits. Perform Gandho-daka Abhisheka using quality Kumkuma-Kesara, cardamom and pachcha-karpura along with Thulasi Kaashta.

Experience the inner satisfaction while you perform this. Maha-phala waits for this.

Vayu Devara Puja

Perform Abhisheka with specially prepared Gandho-daka to Vayu-Pratima, chanting Vayu-stuti in Vaishakha. It yields Sheegra-Phala. If possible, Abhisheka with pure cow-milk on some days, pure honey on some days before Gandho-daka Abhisheka also very beneficial.

It is 'Mangala' to the family. Pitrus will be pleased by our Daana of paanaka (fruit juice) after naivedya. Similarly Daanas of Umbrella, Chappal, good quality dhoti, saree, etc. Even cool Pot-water can be offered to as many numbers as possible during Chaitra and Vaishakha.

प्रपेयं सर्वं सामान्याः, भूतेभ्यः प्रति-पादिता ।

अस्याः प्रदानात् पितरः, तृप्यन्तु अखिल देवताः ॥

'Pra-paa daana' means putting up temporary Pandal for supplying plenty of butter milk, cool water in Vasantha Kaala (Chaitra & Vaishakha); not only to human beings, but also to the cows, buffalos, goats, birds, etc. animals. (*Sarva bhootebhya:*) Dharma Shastra says to give water to all kinds of animals too. Sankalpa can be made on Yugadi day that 'I will do this till Vaishaka Amavasya' (2 months). If this is not possible, daily give drinking water to animals. If possible, bathe the cow, and experience the joy of it.

Uda-kumbha Daana

Udakumbha Daana means giving drinking water along with vessel. Daana Mantra:- (*Dharma Sindhu* page 42)

एष धर्म-घटो दत्तो ब्रह्म-विष्णु शिवात्मकः ।
अस्य प्रदानात् सकला मम सन्तु मनोरथाः ॥

Chant the above sloka and give daana with Thulasi and Dakshina. [This is more effective on Akshaya Tritēya Day.] If a pot of drinking water alone (without vessel) is given daily for 2 months, it is also Uda-kumbha daana.

Tila Daana, Tila Homa

Tila homa brings 'maha phala' in Vaishaka month. From Vaishakha Shukla Pournami to Jyeshtha Shukla Dasami – one day Tila homa, Tila daana along with vessel, Tila-Taila-deepa-daana, Tila Tarpana on Akshaya Tritēya day – all these bring good results in various ways. Daana of both Tila and Honey is 'Maha Visēsha'. See the Daana Chandrika Vaakya page 16.

वैशाख्यां पौर्णमास्यां वा तिलान् क्षौद्रं समन्वितान् ।
यः प्रयच्छेत् द्विजातिभ्यः, सर्वं पापैः प्रमुच्यते ॥
(Kshowdra = honey)

Tila Daana Mantra

तिला वै सोम दैवत्याः, सुरैः सृष्टास्तु गोसवे ।
स्वर्ग-प्रदाः स्वतन्त्राश्च ते मां रक्षन्तु नित्यशः ॥

Tila Homa

(Dharma Sindhu page 43) Sri Lakshmi Narasimha puja in Kalasa. Homa Mantra: प्रतद्-विष्णुः or इदं विष्णुर्विचक्रमे 108 (or) 28 times.

To get 'Poorna Phala' of homa, these are the daanas: Chappal, Umbrella, Uda-kumbha (pot), bed, palmyra hand-fan, Tila with Tila-paatra, honey (whichever possible).

Parva Kaala Days for Daanas

1. Guru and Angarakaraka in Simha Raasi,
2. Soorya in Mesha, 3. Vaishaka Shukla Dwadashi,
4. Hastha Nakshatra – if all these combine or any of these combine on a day – if daana is given on that day, ordinary man becomes a King, diseases will go away, says Nirnaya Sindhu page 74.

Even *Smrityartha-saagara*: स्मृत्यर्थसागरः asserts the same above. Further, Akshaya Triteeya day + Rohini Nakshatra + Wednesday (or) Monday – daana on this day, gives Maha Vishesha Phala (page 58).

Firm faith, sincerity, devotion, etc. these combined, remove our worries in life, and desires are fulfilled, says Nirnaya Sindhu page 70.

अपि जन्म सहस्रोत्थं पापं दहति दारुणम् ।
माधवे मासि यः कुर्यात्, लभते सर्वं ईप्सितम् ॥

Practise your child

Wearing Madi-Pancha with Kach-cha

When you go to Bazaar to purchase Baby-Computer or Baby-Cycle for your child, go to a Cloth-Shop and purchase a pair of Baby-Madi-Pancha, Cotton. It is 2-elbow length in height and 4-elbow in length (for the boy). To his father, it is 3x7 elbow length. If Appa keeps this Kach-cha, Japa, Puja etc., the child in his 5 or 6, begins this for himself.

Pravara (or) Abhi-Vaa-da-ye

This is your family matter. Your Gotra and Pravara is totally personal to each family. It is your Dharma (duty) to teach this to the child and make him practise from his Upanayana day.

Manga-laa-rathi with Ghanta-Sound

This can also be practised in the house, first without flame. Teach the child to hold a small Ghanta in his left-hand and Mangalarthi-Paathra in his right hand. Let him produce Ghanta-Sound and perform Mangalaarathi. This practice in the house will save a good lot of time when he learns Puja practical in Gurukulam. All these are for family welfare.

Catch Him Young

Vedavyasa Jayanti

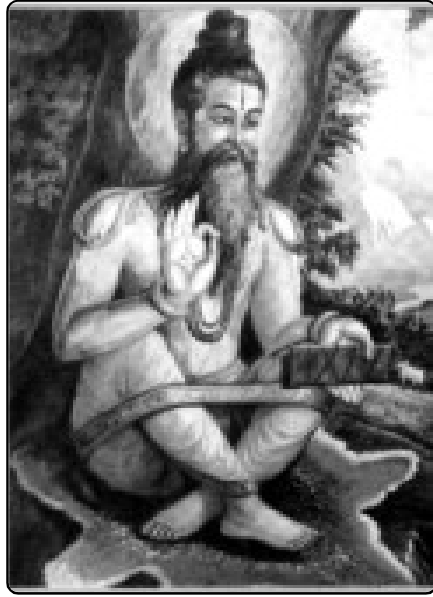
May 10th — Saturday

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(Ref: His Book “Mahabharatha Tatparya Nirnaya 10th
Adhyaya — Sri Vedavyasa Avatara)

Sri Vedavyasa Avatara



Acharya Sri Madhwa narrates Vedavyasa Avatara in Mahabharata Tatparya Nirnaya — Tenth Adhyaya.

Under the influence of Kali and also due to the curse of the Rishi Gautama, the highest Vedic wisdom the Vedic knowledge of the people was polluted.

Chaturmukha Brahma, Rudra, Indra and other Devatas took large mercy on satwic souls and prayed to Sri Narayana to take avatara and make the Vedas known as well as do the interpretaion and

determinative text of Vedas. The Lord bestowed the Devatas and took incarnation as Sri Vedavyasa.

Celebrate Vedavyasa Jayanti In The House

Sri Vedavyasa was born as the son of Parashara Rishi and Satyavathi. Shastras narrate this as “VYASA-AVATARA”. That day was Vaishakha-Shuddha-Trayodasi. We celebrate this day as “**Vedavyasa-Jayanti**”. On this day, we perform Saligrama Puja and Veda-Grantha Puja and chant atleast Purusha Sookta in our house to please the Lord.

Srimad Acharya describes Vedavyasa Avatara in Mahabharata Tatparya Nirnaya Sloka 47. (विष्णुः प्रादुर्बभूवाशु विशुद्ध-चिद्-घनः). In Yamuna Dweepa, the Lord manifested as Sri Vedavyasa whose figure itself is full of unblemished and untainted knowledge.

Divine Secret

Here, Acharya Sri Madhwa brings out the Divine Secret of the Lord’s birth. For all outward show and to mislead the Asuras, He appears as if He was born to a Dampati after their marriage. But note the word प्रादुर्बभूव (in the above sloka) which means exhibited or manifested . The Lord’s birth is not like any other normal human being. **“He**

has no Garbha-vaasa.” He just manifested and became visible to the outside world (like Narasimha Avatara). This was not known to all. This Divine Secret had a purpose. Srimad Acharya explains this in the next three slokas (48, 49 and 50).

विदोष-विज्ञान-सुखैक-रूपो-
 ऽप्यजो जनान् मोहयितुं मृषैव ।
 योषित्सु पुंसो ह्यजनीव दृश्यते
 न जायते क्वापि बलादि-विग्रहः ॥ ४८ ॥

The Lord has no birth or creation for Himself. (अजः). His Swaroopa is full of Jnana and Ananda. He is free from any defects (not even an iota of Dosha in Him). In order to delude the wicked and Asuras, He appears as though he was born out of female and male union. Having strength and other auspicious attributes as His body, He never gives His birth in any avatara. He always manifests only.

यथा नृसिंहा-कृति-राविरासीत्
 स्तम्भात् तथा नित्य-तनुत्वतो विभुः ।
 आविर्भवेद्-योषिति नो मलोत्थ-
 स्तथाऽपि मोहाय निदर्शयेत् तथा ॥ ४९ ॥

Just like Lord Sri Narasimha manifested from the pillar, likewise Vishnu emerged as Vyasa from Satyavati. It is just another manifestation. His body

is eternal (नित्य-तनुत्वतः). From the woman, His birth so called, is akin to this only. There is absolutely no nexus between God and blood and other dirty things connected to birth. But to mislead or delude the wicked Asuras, He exhibits so, as though He is having such connection.

स्त्री-पुं-प्रसङ्गात् परतो यतो हरिः
 प्रादुर्भवत्येष विमोहयन् जनम् ।
 अतो मलोत्थोऽयमिति स्म मन्यते
 जनोऽशुभः पूर्ण-गुणैक-विग्रहम् ॥ ५० ॥

To mislead the asuras, the Lord appears as though He is born after the union of female and male. The wicked people believe the same as it is. They construe Sri Narayana also as though born like an ordinary human being when He is eternally the embodiment of all infinite auspicious attributes. (पूर्ण-गुणैक-विग्रहम्).

This is the Divine Secret brought out by Srimad Acharya. **“Vishnu has no Garbha-vaasa”**. He just manifests in all the Avatras since He is अजः, नित्य-तनुत्वतः, पूर्ण-गुणैक-विग्रहम्.

व्यासाय विष्णु-रूपाय व्यास-रूपाय विष्णवे ।
 नमो वै ब्रह्म निधये वासिष्ठाय नमो नमः ॥

The Names of Vedavyasa

We find the names of Vedavyasa in Vasudeva Sahasra Nama. This has been quoted in Bhaava-Deepa (भावदीप) of Sri Raghavendra Tirtha in his commentary on Gita Tatparya Nirnaya Tika.

अ आ अं अः पुराणर्षिः व्यासः शाखासहस्रकृत् ।
 महाभारतनिर्माता कवीन्द्रो बादरायणः ॥
 कृष्णद्वैपायनः सर्वपुरुषार्थैकबोधकः ।
 वेदान्तकर्ता ब्रह्मैव व्यञ्जकः पुरुवंशकृत् ॥
 -- इति वासुदेवसहस्रनाम्नि व्यासनामसु पाठादित्यर्थः ।

All these are Vedavyasa's names. (अ, आ, अं, अः, पुराणर्षिः, etc.) The name आ has been used by Sri Madhwa in his Mangalacharana Sloka of Bhagavad Gita Bhashya.

देवं नारायणं नत्वा सर्वदोषविवर्जितम् ।

परिपूर्णं गुरुंश्चान् गीतार्थं वक्ष्यामि लेशतः ॥

गुरुंश्चान् = गुरुन्+च+आन् Here Acharya Sri Madhwa refers his Guru Sri Vedavyasa as आन् (बहुवचन of आ). बहुवचन is used to give respect to his Guru.

Narasimha Jayanti

May 10th — Saturday

Srimad Bhagavatham narrates the story of Narasimha Avatara in 7th Skanda, 8th Adhyaya. 18th Sloka is Avatara Sloka.

सत्यं विधातुं निज-भृत्य-भाषितं
व्याप्तिं च भूतेषु अखिलेषु चात्मनः ।
अदृश्यत अत्यद्भुत-रूपं उद्बहन्
स्तम्भे सभायां न-मृगं न-मानुषम् ॥

Hiranyakasipu in great rage, holding the deadly sword, ready to kill child Prahalada, roared at him and challenged him:

Why your Vishnu is not visible in this pillar ?

With these fiery words, he forcefully struck at a nearby pillar of the Royal Sabha. The child replied:

Present He is. I am seeing Him here in this pillar.

The moment the child uttered these words, the pillar split in thunderous noise. From the pillar, emerged Lord Sri Narasimha. That Divine Figure was *Ati Adbhuta Roopam* (अति अद्भुतरूपं); Na-Mrigam (न मृगं), Na-Maanusham (न मानुषम्).



It was so strange, so new, so unexpected, so sudden and so supernatural that it looked neither like an animal nor like a human. It was a combined figure: **“Nara & Simha”**.

It was Vaishakha-Shuddha-

Chaturdasi, just before sunset. The Lord Himself says this. (Nirnaya Sindhu Vaakya - Page 75).

वैशाखे शुक्ल-पक्षे तु चतुर्दश्यां निशामुखे ।
मज्जन्म संभवं पुण्यं व्रतं पाप-प्रणाशनम् ॥

Dharma Sindhu says: Swati Nakshatra, Saturday.

No matter who our Kula Daiva is. Narasimha Jayanthi is important for all.

Lord Venkataramana and Lord Narasimha are two different Roopas of the same Lord Narayana. Through Lord Narasimha Roopa, He removes all our

fears, and gives health, wealth, children, aayushya, shatru-naasha, and many more. Sri Lakshmi Narasimha is the Supreme Lord who gives all these prosperities and protects us at all times.

We chant this prayer sloka.

माता नृसिंहः पिता नृसिंहः भ्राता नृसिंहः सखा नृसिंहः ।
विद्या नृसिंहः द्रविणं नृसिंहः स्वामी नृसिंहः सकलं नृसिंहः
मम देव, देव ॥

Maatha Nri-simha-h, Pita Nri-simha-h
Braatha Nri-simha-h, Sakhaa Nri-simha-h
Vidya Nri-simha-h, Dravinam Nri-simha-h
Swamee Nri-simha-h, Sakalam Nri-simha-h
Ma-ma Deva, Deva.

Women decorate Narasimha Swami picture and lit devara deepa. Men perform Saligrama Puja. Gandhodaka Abhisheka is important. (Kunkuma-Kesari, cardamom, pachcha-karpooora.) Paanaka and buttermilk are important for naivedya.

Those who belong to Narasimha Devaru Vakkalu should not miss to celebrate this day in the house, as detailed above. At the conclusion of Puja, they offer a single Arghya to Lord. All this is for the family welfare. It is our Kula Dharma.

Arghya Mantra:

परित्राणाय साधूनां जातो विष्णुः नृकेसरी ।
 गृहाणार्घ्यं-मया-दत्तं स-लक्ष्मीः नृ-हरिः स्वयम् ॥
 श्रीलक्ष्मीनृसिंहाय नमः इदं अर्घ्यं ॥

After completing Saligrama Puja, there are 4 Prayer Mantras. (Nirnaya Sindhu page 75)

1. मद्दंशे ये नरा जाताः, ये जनिष्यन्ति च अपरे ।
 तान् त्वं उद्धर देवेश, दुःसहात् भव सागरात् ॥
2. पातकार्णव-मग्नस्य, व्याधि, दुःखांबु-वारिभिः ।
 तीव्रैश्च परिभूतस्य, महादुःख-गतस्य मे ॥
3. करावलंबनं देहि शेषशायिन्, जगत्पते ।
 श्री नृसिंह रमा-कान्त, भक्तानां भयनाशन ॥
4. क्षीरांबुधि निवास त्वं चक्रपाणे जनार्दन ।
 व्रतेन अनेन देवेश, भुक्ति-मुक्ति प्रदो भव ॥

Their meanings:

1. & 2. O Swami, Sri Narasimha, graciously save my entire Vamsha from the ocean of sufferings. Save those who have gone and still immersed in untold sufferings, those to be born in my Vamsha in future. O Lord, I am myself in unbearable sufferings due to my own past misdeeds. I pray, graciously save me too.

3. & 4. Oh Lakshmi Nrisimha, you reside somewhere in far off Ksheera Samudra. I am helpless and call you from here. You have taken Chakrayudha to protect your devotees and to remove the fears of your devotees and give Ananda both in this and other worlds. I pray, You please come immediately and protect me.

Narasimha Nakha Stuti

The first two slokas before starting Harivayu Stuti – (1) पान्त्वस्मान् (2) लक्ष्मीकान्त are Narasimha Nakha Stuti. The first sloka describes the Mahima of Lord Narasimha's Nakha (the finger nails). Each Nakha is a Vajra-ayudha. Let these Nakhas protect us, says Acharya Sri Madhwa. The second sloka describes the 'Supremacy' (सर्वोत्तमत्व) of the Lord. Devatas like Brahma, Rudra, Indra and others are all luminous personalities (huge Jyoti Swaroopa), but when they stand in front of Lord, their brilliance is just a spark. They look like a tiny fire-fly (Khad-yo-ta).

Chant (dhyana and japa) these two slokas on this day and pray Lord Lakshmi Narasimha.

Dana

Visesha Dana:– Tila dana (with vessel), 'chigili-dana', and Tila-Taila deepa dana. Honey and ghee dana also can be given.

Tila Dana Mantra:

तिला वै सोमदैवत्याः सुरैः सृष्टास्तु गोसवे ।
स्वर्ग-प्रदाः स्वतन्त्राश्च, ते मां रक्षन्तु नित्यशः ॥

KOORMA JAYANTI

May 12th — Monday

Vaishakha-Shukla-Pournami

The Lord's 2nd Avatara is Koorma (Tortoise). Acharya Sri Madhwa adores this Koorma Roopa in his Dwadasha Stotra 6th Adhyaya. (Slo. 1)

कूर्म-स्वरूपक मन्दर-धारिन्
लोक-विधारक देव वरेण्य ॥

Devas and Asuras churned Ksheera Samudra to get 'Amrita'. They used Mandara mountain as a churning-rod and snake Vasuki as a rope. They started churning. Mandara mountain could not remain firm and started going down. The worried Indra prayed Sri Narayana. The Lord took the roopa of tortoise (Koorma) and went beneath the churning-rod and supported the mountain to remain firm in its position. That day was Vaishaka-Shuddha-Pournami. This story of Koorma Avatara is described in Bhagavata 8th Skanda, 7th Adhyaya, Sloka – 9.

द-धार पृष्ठेन स लक्षयोजन

प्रस्तारिणा द्वीप इव अपरो महान् ॥ 9 ॥

The tortoise's back was so vast, it looked like a great island (अपरो महान् द्वीप इव). He supported Mandara mountain on his back surface which was Laksha-yojana vasteerna.

In Mahabharata Tatparya Nirnaya, Acharya Sri Madhwa mentions the Koorma Avatara in 10th Adhyaya — 11th Sloka:

अथातिभारादविशत् सुकाञ्चनो
गिरिः स पातालमथ त्वमेव ।
तं कच्छपात्मा त्वभरः स्वपृष्ठे
ह्यनन्यधार्यं पुरु लीलयैव ॥ ११ ॥

कच्छपं = कूर्म = Tortoise; लीलयैव = playfully

Due to heavy weight (अतिभारात्), the golden Mandara mountain began to dip in the Ksheera Samudra and went to Paataala Loka. Lord Sri Narayana took Koorma Roopa and playfully bore that great heavy weight mountain on his back.

Support For Our Family

We should remember that the Lord is the real supporter of our entire family. The day is auspicious for Devara Puja. Sandhya-vandana, good Quality Gayatri Japa (no absent minded Japa) and Devara Puja as you know. He knows your limitations. This minimum is enough to express our gratitude to the Lord. This will bring unimaginable benefits to all the family members. This is our Kula-Dharma.

DO NOT MISS VAISHAKHA SNANA

Last 3 days – 10th, 11th and 12th May 2025

Vaishaka Snana — Snana before Sun rise for one month from Chaitra Pournami to Vaishakha Pournami (12th April to 12th May). Snana Sankalpa and Snana / Arghya Mantras are published in the previous issues. Finally Krishnaarpanamastu. For this, there is Visesha Phala.

If unable to do Vaishakha Snana on all 31 days, atleast one can perform on last three days, Vaishakha-Shuddha-Trayodasi, Chaturdasi and Pournami. (10, 11, 12 - May). These three days are known as “***Anthya-Pushkarini***”. Even for this 3-days Snana with Sankalpa before Sun rise, phala is assured. This will immensely please the Supreme Lord.

**SMSO Sabha lectures and programmes
are available in YouTube -
"SMSO Sabha" Channel.**

AA-KAA-MAA-VAI POURNAMI

May 12th — Monday

The four Pournamis in four months are collectively named as mentioned above. They are :-

Aa = Aashaada Maasa, **Kaa** = Kaarthika Maasa, **Maa** = Maagha Maasa, **Vai** = Vaishakha Maasa

On these days, get up from the bed two hours before Sun-rise, have Snana with Sankalpa (if possible in cold water). Then Japa and Puja. Men perform Saligrama Puja, women Tulasi Puja. All completed before 6.30 or 7 a.m. Dharma Shastras speak high of this self-discipline. This is the simplest way of our Tapas to please the Lord. The effect is Divine Grace. Without our knowing, our thoughts are influenced in positive ways and our actions become agreeable to superiors and others around us. The success in life begins in this way.

Pournami is the appropriate day for Satyanarayana Puja. On Vaishakha Pournami day, Udakumbha daana (water with vessel), Swarna daana (gold), Tila (Gingily), Honey daana will mitigate our sufferings in life, says Nirnaya Sindhu – page 76.

‘Vaishakha Snana’ ends today Vaishakha Maasa Pournami. (12-05-2025).

‘Aa-kaa-maa-vai Pournami’ is a powerful day for Snana and Dana wating to give abundant Punya. The simplest way to please the Lord.

Sanai-s-chara Jayanti

May 27th — Tuesday

Chant this Shani Stotra as many times as possible on Sanai-s-chara Jayanti day.

नीलाञ्जन-समाभासं रविपुत्रं यमाग्रजम् ।

छाया-मार्ताण्ड-सम्भूतं तं नमामि शनैश्चरम् ॥

Neelaanjana-samaa-bhaasam, Ravi-putram,
Yamaagrajam. Chaayaa-maarthaanda-
sambhootham, Tham Namaami Shanaischaram.

If possible

(1) Chant Shani-Graha Veda-Mantra (शमग्रिरग्रिभिः)

108/28/4 times. The Adhi-devata (प्रजापते नत्व)

and Pratyadhi-devata (यमाय सोमं) mantras of
Shani Graha can be chanted once.

(2) Read Nrisimha Stuti by Shanaischara. (This
stotra and its meaning were published in the
Issue May 2019).

(3) Read Dasaratha Krita - Shani Stotra.

(4) Have darshana of Shanaischara in Temple.

A few points on Shani Devata:

Place in Navagraha: West side

Dhaanya: Tila (Gingili)

Mandala: Dhanus-aakara Mandala

Colour: Black (Karu Neela)

Samit: Shamee (Vanni in Tamil)

