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॥ श्रीः ॥

SRI MADHWA SIDDHANTA

Monthly Journal of
Sriman Madhwa Siddhantonnahini Sabha
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YUGADI FESTIVAL

New year day

Chaitra-Shukla-Pratama (21-3-2015) Saturday

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The first festival in the Chaitra Maasa is Yugadi. That is on Chaitra Shuddha Pratama. That day is new year day. (1) Kemmannu – Rangoli in front of the house, alankara with thorana (2) Abhyanga (oil-bath) (3) Saligrama Puja (4) Thulasi Puja (5) Panchanga Puja and Panchanga Sravana (6) Naivedya of the mixture of neem tender leaves (or flower) with (Bella) jaggery; taking this mixture (7) wearing new clothes, if possible (8) Namaskara to parents, elders (9) Tamboola Dakshina to Veda - Brahmanas (10) Naivedya of Maasa Dharma items:- Paanaka, Buttermilk, Kosambari etc, (11) Festival - Bhojana and (12) Darshan of the Lord in temple in the evening. All these constitute Yugadi Celebration.

If there is hereditary Devaru Pratima in the house, this is the day to perform panchamrita abhisheka to that Pratima. In the Mutt, there will be Maha Abhisheka to all Vighras this day. Make a Sankalpa while rising up from the bed in the morning:- Today I will not speak harsh words; I will speak pleasing words about God and Guru.

NEEM TENDER LEAVES (or FLOWER) with JAGGERY (Bella)

In a small sliver vessel, take a handful of with neem flower, tender leaves and a little bit of jiggery

(bella). Mix them well with a silver uddarini or spoon or hand and keep it ready for naivedya. If silver vessel is not available, use banana leaf or *donna*. After Naivedya of this mixture, and after Puja, take Tirtha, and then this mixture. Mantra for taking this:

शत-आयुः वज्रदेहं च, सर्व-संपत्-प्रदं सदा ।
सर्व-अरिष्ट-हरं कुर्मै निंब प्राशनं शुभम् ॥

Long life, good health, relief from evil spirits and a peaceful life are said to be the good results.

Before starting morning Devara Puja on Yugadi day, place the Panchanga (or this book) on a decorated Peeta or on an wooden plank. Keep it near Puja place. While performing Archana to Saligrama, apply Arisina, Kunkuma, Gandha to Panchanga also. Reading of Panchanga either now (after Puja) or in the evening. (Panchanga Sravanam details given separately)

ALANKARA TO CHILDREN

If there is a small child around 2 to 3 years in the house, adorn the child with new dress, etc. On Holi Pournima day, the child would have been adorned with the garland of Sakkara-achchu (in Kannada), small gem biscuit garland, etc. If this was missed on that day, that can be done on Yugadi day. In some houses, this is done on both days.

All these are our Kula Dharma, Kula Aachaara, Family culture. Lord's anugraha is there in this. Good fortune starts starts coming with this.

WHY OIL BATH AND THE IN-TAKE OF NEEM TENDER LEAVES ?

Both are for our well being and to please the Lord. One or two neem leaves taken daily in the morning

makes the body very strong like Vajra, says Ayurveda Shastra. Start it from Yugadi day. Neem leaf has bitter taste. In our life, we come across good, bad, bitter experiences. One will be successful in life by treating them as quite natural part of life. The mixture (sweet+bitter) on Yugadi day, reminds us this truth.

Our body is a battle-field for Tatwa-abhimani-devatas and Tatwa-abhimani-Asuras. Our thoughts and actions go as directed by them. Tila-Thaila is symbol of Lakshmi. When it is applied on our body, it strengthens the hands of Tatwa-abhimani-devatas. It is an anti-dote for Asuras. Their evil influences go less and less gradually in our thoughts and actions. It is just one example. It paves the way for health and happiness in life, indicate these Slokas:-

शतायुः वज्र-देहाय, सर्व संपत्-कराय च ।
 सर्व अरिष्ठ विनाशाय निंबकं-दळ-भक्षणम् ॥
 तैले लक्ष्मीः, जले गङ्गा, वत्सरादि तिथौ शुभे ।
 अलक्ष्मी परिहारार्थं मङ्गळ-स्नानं आचरेत् ॥
 तैल-अभ्यङ्ग स्नानं आदौ च कृत्वा,
 पीयूषोत्थं पारि-भद्रस्य पत्रम् ।
 भक्षेत् सौख्यं, मानदं, व्याधि नाशं,
 दीर्घा-युष्यं लभ्यते वर्षमूले ॥

TELUGU NEW YEAR – DAY: MEANING

Surya takes 30 days to travel from one Raasi to next Raasi. This 30 days is calculated as one month. The adjectival form of “Surya” is “Soura”. “Maana” means calculation. This way of calculation based on Surya’s movement is called “Soura-maana Maasa”.

In the same way, if the month is based on Chandra's movement, it is "Chaandra-maana Maasa". It starts from (Sukla-Paksha). the next day of Amavasya.

In Tamilnadu region, Soura-maana based anushtaana is popular. In Telugu, Kannada region, Chaandra-maana based anushtaana is popular. There are several families in Tamilnadu region also, who adhere to Chaandra-maana based anushtaana and they celebrate Yugadi as the new year day. Since they Telugu people celebrate new year on Yugadi day, this has become "Telugu New Year" day. However Yugadi is celebrated in all Vaishnava temples everywhere. There will be procession of Utsava Murthy.

HOW OUR KULA DHARMA DISAPPEARS ?

One may ask "Is it not 1st January our New Year Day ?" That is not our Kula Dharma. It was imposed on us by foreigners. We do not hate this. But we do not accept it. That is meant for them, not for us. Why? That was started by human beings. Veda is the origin for our anushtaana. All our activities are based on Soorya, Chandra, and other Navagrahas. There are many Kula Dharmas for others. One among them is this: 1st January New Year Day. Another: To put off the Deepas on 'Happy Birthday', cutting the cake, bursting of the balloons. This is how we gradually forget our culture and observe others' culture in our houses.

YUGADI MEANS ?

Adi means beginning. Yuga+Adi (Yugadi) means Yuga starts. Kali Yuga started on Chaitra Shuddha Pratama.

DON'T FORGET THIS

On Yugadi day, it is our Kula Dharma to offer Namaskara to mother, father and elders. Do not forget this.

PANCHANGA SRAVANAM

on

Yugadi Day

21 - 3 - 2015 (Saturday)

POOJA TO PANCHANGA

On Yugadi day, Panchanga Sravana either in the morning or evening. If Panchanga is not available, do pooja to this book and then read out the contents of the first few pages to everyone in the house.

Keep the Panchanga in a Peeta. Arisina, Kumkuma to Panchanga. Dhyaana of Navagraha Devata, antargata Mukhya Praana, antargata Sri Lakshmi Narasimha, Dhyaana of your Kula Deva Swami, Aavaahana, Mantrakshata, Pushpa Samarpana, Mangalarathi to Panchanga. Prarthana with this Mantra,

आदित्यादि नवग्रहा-शुभकराः, मेषादयो राशयः
 नक्षत्राणि स-योग-काश्च तिथयः, तद्देवता-स्तद्-गणाः ।
 मासाब्दा ऋतव स्तथैव दिवसाः, सन्ध्या-स्तथा रात्रयः
 सर्वे स्थावर जङ्गमाः प्रतिदिनं कुर्यात् सदा मङ्गलम् ॥
 आपाद-मौलि पर्यन्तं, गुरुणां आकृतिं स्मरेत् ।
 तेन विघ्नाः प्रणश्यन्ति, सिद्ध्यन्ति च मनोरथाः ॥

PANCHANGA SRAVANA

It is auspicious to know about the life span of Chaturmukha Brahma Deva and also know the Thithi, Vaara, Nakshatra, Yoga and Karana everyday. These to be mentioned during Panchanga Sravana.

LIFE SPAN OF CHATURMUKHA BRAHMA DEVA

Swasti Sri, Chaturmukha Brahma Deva was born from the Naabhi Kamala of Maha Vishnu and has 100 years of life span. He has completed the first 50 years. Now the first day of the 51st year is running. The calculation of a single day to Chaturmukha Brahma is like this: Krita Yuga, Treta Yuga, Dwapara Yuga and Kali Yuga constitute one Maha Yuga. 71 Maha Yugas constitute one Manvantara. 14 Manvantaras constitute one Kalpa. This is the day time for Brahma Deva. Similarly one night is equal to another 14 Manvantaras (one Kalpa). So, 28 Manvantaras (two Kalpas) constitute a single day. Like this 360 days constitute one year for Brahma Deva. And like that, 100 years is his life span. In this, 50 years have been completed. We are now in the first day of 51st year. In the first day morning, in Swetha Varaha Kalpa, 6 Manvantaras are completed. In the 7th (Vai-vas-vatha) Manvantara, 27 Maha Yugas are completed. In the 28th Maha Yuga, Krita, Treta, Dwapara Yugas have goen. In 4 lakhs 32 thousand years of Kali Yuga, 5,000 years are also completed. We are now at the beginning of the first quarter of Kali Yuga (Kali Yuge Prathama Pade – in sanskrit). From today, Manmatha Naama Samvatsara Aarambha. In Sali-vaahana Shakha, after completing 1936 years, we are now in 1937 Shakha year from 21-3-2015.

NEW YEAR DETAILS AND PHALA

Today: Manmatha Naama Samvatsara Arambha, Uttarayana, Vasantha Ritu, Chaitra Maasa, Shukla Paksha, Prathama, Sthira Vaasara, (Shani

Vaara), Uttara-bhadrapada Nakshatra, Brahma Yoga, Bhava Karana.

Manmatha Naama Samvatsara Phala:

गोधूम-शालि, इक्षु यवै-रुपेता
 सर्व सह अल्प जलदः किल वृत्र-हन्ता ।
 चौरैः गदैश्च नितरां परिपीड्यमानः
 सर्वो जनो भवति मन्मथ नाम्नि वर्षे ॥

Moderate yield in crops of Wheat, Rice, Sugarcane, Paddy. Insufficient rain. Troubles from thieves and poisonous creatures.

Every year, the Vaara on which Yugadi begins, that Vaara-Devata will be the Raja in that year. The Mantri is the Devata of the Vaara on which Tamil New Year (Mesha – Sankramana) begins.

This year Raja is Shani Devata, Mantri is Angaraka (Mars). Senadhipati is Chandra. Poorva Sasyadhipati is Shukra and Aparasasyadhipati is Angaraka (Mars). [Sasyadhipati means the Adhipati of crops].

Raja – Shani: Its Phala: Decrease in the growth of fruits, Dhanyas (crops), etc. People suffer from theft. Fight between kings. These are due to Shani who is the son of Soorya.

Mantri – Angaraka (Mars): Its Phala: Less rain, yield of crops will be less. Sufferings from fire and thieves, Kings will be interested in war, will not show respect to spiritual leaders.

Senadhipati – Chandra: Its Phala: More rain and yield in crops. People will not suffer from diseases. Cows will give more milk.

INCOME – EXPENDITURE OF RASI

	Mesa	Risaba	Mithu	Kata	Simma	Kanni
Income	8	2	8	2	5	8
Expendi	5	14	11	8	5	11
	Thula	Vrich	Dhan	Maka	Kumba	Meena
Income	2	8	5	14	14	5
Expendi	14	5	11	11	11	11

CHANDRA GRAHANA

Chandra Grahana. 4-4-2015 (Saturday) Chaitra-Shuddha-Pournami. Sparsa at 3.45 pm. Grahana Anush-taana starts at sun set. (Please know the time of the sun set in your place from daily news paper or internet) After sun set, Snana, Tarpana, Japa, Dana, etc. Grahana ends at 7.15 pm. Snana after this and Pooja, Shraddha, Bhojana, etc. No Bhojana from the morning. No Hastodaka to Saints. Pregnant ladies, small children, very elderly people can take some liquid food till 3.30 pm.

Note: In some places, Grahana will end before sun set. In those places, there is no Grahana Aacharane.

SOORYA GRAHANA

Soorya Grahana. 9-3-2016 (Wednesday) Maagha-Amaavaasya. Grahana Aacharane starts after sun rise. Grahana ends at 6.48 am (Moksha). Snana during sun rise. From sun rise till 6.48 am, Tarpana, Japa, Dana, etc. After 6.48 am, Snana, Pooja, Bhojana.

In the previous day, Bhojana should be completed before 3.40 pm.

Janma Nakshatra Shanthi: Grahana occurs during Poorva-bhadra-pada Nakshatra. Those born in Poorva-bhadra-pada Nakshatra (Kumbha Rasi) should do more daana, japa and homa for Parihara of Grahana Peeda.

Note:

1. Grahana Moksha time differs in some places, due to difference in Sun-rise timings.
2. No Grahana Aacharane in some places like Pune, Mumbai, etc.

(Please see Panchanga for the details).

ADHIKA MASA

This year Adhika Maasa comes in Aashaada Maasa.

17-6-2015 to 15-7-2015 `--- Adhika Aashaada

16-7-2015 to 14-8-2015 `--- Nija Aashaada

WHY PANCHANGA SRAVANA ?

At the beginning of the year, if we get advance information on the likely events in that whole year, it would be helpful to prepare ourselves to adhere to those austerities. In this way, Panchanga Sravana helps us to get peace and prosperity in life. Without telling all these, this sloka tells the phala (result).

श्री कल्याण-गुणा-वहं, रिपु-हरं, दुःस्वप्न दोषापहं ।
 गङ्गा-स्नान विशेष पुण्य फलदं, गोदान तुल्यं नृणाम् ॥
 आयु-वृद्धिदं, उत्तमं, शुभकरं, सन्तान संपत्-प्रदं ।
 नाना कर्मसु साधनं, समुचितं, पञ्चाङ्गं आकर्ष्यताम् ॥

Panchanga Sravana is Mangala-kara for everyone. It removes the ill-effects of bad dreams, brings Punya of Ganga Snana, yields the Punya of Go-daana, increase the life span, beget of good, Satwik Children and wealth.

Conclude the Panchanga Sravana, by chanting the Mangala Sloka. Offer Pushpa – Akshata to Panchanga/book, Naivedya, Mangalarathi, and distribute Phala-Mantrakshata to everyone.

Mangala Sloka:

आदित्यादि नवग्रहा-शुभकराः, मेषादयो राशयः
 नक्षत्राणि स-योग-काश्च तिथयः, तद्देवता-स्तद्-गणाः ।
 मासाब्दा ऋतव स्तथैव दिवसाः, सन्ध्या-स्तथा रात्रयः
 सर्वे स्थावर जङ्गमाः प्रतिदिनं कुर्यात् सदा मङ्गलम् ॥

 N. Raghothaman, Chennai

THE SOUL IN MOKSHA

“Sri Madhva holds the view that the soul in Moksha, does not desire anything that is not willed by the Lord. The fact that the Jiva attunes his desires to the will of God, makes them effective. Hence, the soul gets satisfied. Dissatisfaction can arise only when the souls desire such acts that are contrary to the Lord’s will. The fact that the desires of emancipated soul are in line with the governing will of the Lord makes both for His omnipotence and the soul’s complete happiness in the liberated state”.

H.H. Sri Vidyamanya Teertharu

FOR THE KIND ATTENTION OF THE MEMBERS

Regarding the supply of
the Sabha Journal

“SRI MADHWA SIDDHANTA”

All these years, the Sabha published “Shri Madhwa Siddhanta” Journal and sent it to its life members and patrons free of cost. In view of escalation of cost of publishing the journal in the present days it was felt that, the journal may be priced. The matter was placed before the members in the 137th Annual General Meeting of the Sabha, held on 27th December 2014 at Tiruchanoor.

The members present at the Annual General meeting were unanimous in approving the proposal and decided to fix the subscription for the journal at Rs 150/- per year. Further it has been decided to collect a minimum of two years subscription at a time.

As you are all aware that the journal is giving valuable information on our Madhwa Sastra to the benefit of each of our family members especially the emerging new generation youths in our family. I request you to kindly continue to patronise the journal by sending two years subscription of Rs. 300/- at the earliest.

The subscription period starts from 1st April 2015 onwards and until then the issue will be sent to you free of cost. I hope all will appreciate the necessity behind pricing the journal and support the noble cause for which the Sabha strives through the publication of the journal.

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SMSO. Sabha, Tiruchanur

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NOTABLE DATES

March 2015 Jaya Nama Samvatsara

1-3-15 to 5 - 3 - 15 Phalguna Shu. Paksha Shi-Shira Ritu

01-03-15	Sun	Ekadasi
02-03-15	Mon	Dwa-dasi
03-03-15	Tue	Pa-yo-vrata purti(Paarana)
05-03-15	Thu	Holi-Hunnimi / KamaDahana

6-3-15 to 20-3-15 Phalguna Krish. Paksha Shi-Shira Ritu

08-03-15	Sun	Vadiraja T. (So-de)
09-03-15	Mon	Vyasaraja T. (Na. Brinda)
15-03-15	Sun	Meena Sankramana
16-03-15	Mon	Ekadasi Upa.
17-03-15	Tue	Upavasa (Sravana-Dwadasi)
18-03-15	Wed	Paarana
20-03-15	Fri	Amavasya Tarpanam

**21-3-15 (Sat) Yugadi New Year Day
Manmatha Nama Samvatsara**

21-3-15 to 4-4-15 Chaitra Shuk. Paksha Vasanth Ritu

21-03-15	Sat	Samvatsara-Aramba (Abhyanga & Neem flower or tender leaves) to be taken in. Panchanga Sravanam
22-03-15	Sun	Matsya Jayanthi
23-03-15	Mon	Gowri Tri-tiya-Puja
27-03-15	Fri	Bhavani Jayanthi, Satya Dhayana. T. (Pandarpur)

28-03-15	Sat	Sri Rama Navami, Kavindra. T (Nava Brindavana)
29-03-15	Sun	Pushya-Arka Yoga Spl. Japa of Guru Stotra
31-03-15	Tue	Ekadasi Upa.
01-04-15	Wed	Dwa-dasi
04-04-15	Sat	Pournami Vaisaka Snana begins Chandra Grahana from Sun-set upto 7.15 p.m. No Bhojana from the morning to 7.15p.m.

5-4-15 to 18-4-15 Chaitra Kri. Pa. Vasanth Ritu

**Mesha Sankramana
(Tamil New Year-day) on 14-4-15- (Tues)
Tarpana after 9-04 a.m**

15-04-15	Wed	Ekadasi
16-04-15	Thu	Alpa Dwadasi before 7.35am
18-04-15	Sat	Amavasya Tarpana

Hari Sarvothama:	Vayu Jeevothama:
	
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GOWRI TRITEEYA

Chaitra-Shukla-Triteeya (23-3-2015) Monday

First Thulasi Pooja, then Gowri Pooja. Make Gowri with Arisina (turmeric) powder mixed with water. Puja with kumkuma to this Gowri also to Parvati Parameshwara picture. Gowri haadu, Gaja vastra, Pushpha, Dhoopa, Deepa, Naivedya, Paanaka, Buttermilk, Kosambari, fruits Naivedya, Mangalarathi. If Sumangalis available nearby, invite them and offer Taamboola Dakshina.

FOR PUTRA SUKHA

Nirnaya Sindhu (Page 62) says this: Those desirous of Putra - Sukha, and other Sowbhagyas, will wait for this Triteeya in the Vasanta Ritu (Chaitra-Vaishakha) and do this Puja.

वसन्त मासं आसाद्य, तृतीयायां जन-प्रिये ।
सौभाग्याय सदा स्त्रीभिः कार्यं पुत्र-सुख-ईप्सुभिः ॥

This Puja can be performed either on this Triteeya or next month on Akshaya Triteeya or on both days. If possible, Morada Baayana can also be offered. After Puja in the morning, daanas can be given in the evening also. Vishesha Phala for Thotlu Puja to Parvati Parameshwara and then *Udi thumbadu* for Sumangalis. This puja can also be performed daily starting from today (Chaitra-Shukla-Triteeya) till Akshaya Triteeya day or on whichever day convenient.

SRI PANCHAMI

Chaitra-Shukla-Panchami (24-3-2015) Tuesday

Lakshmi Puja with Jasmine (Malli, Mullai) flowers in the house, this day evening is good for the family. Domestic wealth and happiness improves gradually. (Nirnaya Sindhu page 64). She comes as willed by Lord Sri Keshava:-

शुक्लायां अथ पञ्चम्यां चैत्रे मासि शुभानना ।
 श्रीः ब्रह्म-लोकात् मानुष्यं सं-प्राप्ता, केशवाज्ञया ।
 ततः तां पूजयेत् तत्र, यः तं लक्ष्मीः न मुञ्चति ॥
 नि.सिं. p.64

This “Chaitra-Shukla-Panchami” day is called “Sri Panchami”.

पंचम्यां, कुन्द-कुसुमैः पूजां कुर्यात् समृद्धये ।
 इयं चैत्र-शुक्ले “श्री-पंचमी” ॥ (Ni.Sin. p.162)

SRI RAMA NAVAMI

Chaitra-Shukla-Navami (28-3-2015) Saturday

Pooja by Ladies.

Ladies can do this Pooja to the picture of the Lord Sri Rama. Naivedya of Maasa-dharma items. (5 parts of wheat flour, 2 parts of sugar, 1½ parts of ghee – mixing all these in proper proportion) Wheat flour Laddu naivedya. Then naivedya to Sri Anjaneya. Thamboola Dakshina, Prasada to others nearby. Rama naama songs, stotras.

Pooja along with Male-members.

Male members perform Pooja to Sri Rama-pratima or Saligrama. If you do not know the Mantra, perform pooja like this:

Take two small vessels. Pour pure water in one vessel. In another vessel mix gandha with water. Apply gandha, akshata in the outer part of the vessels and put thulasi inside the vessels. They are 'Kalasas'. Place your hand on them and chant 'Om Namo Narayanaya' 8 times. Now these are Kalasa Tirthas fit for Abhishekha.

Take some little water in another small cup and do Achamana. By folding your hands, sankalpa: "Chaitra Shuddha Navami prayukta, Sri Ramachandrasya Sho-da-sha Upachaara Poojam Karishye". Then puja:

- | | |
|---|--|
| 1. <i>Bharathee-ramana Mukhya
Praanan-targatha Sita Pati
Sri Ramachandram
Aavahayaami</i> | Mantrakshata to Sri
Rama Pratima or
Saligrama |
| 2. <i>Aasanam Samarpa-yami</i> | Mantrakshata |
| 3. <i>Pada-yo: Paadyam
Samarpa-yami</i> | Pure water to Sri Rama
Pratima or
Saligrama through
Shankha |
| 4. <i>Hastayo: Arghyam
Samarpa-yami</i> | Pure water 3 times
through Shankha |

5. <i>Aachama-nee-yam</i> <i>Samarpayami</i>	Pure water 3 times through Shankha
6. <i>Snaa-pa-yaami</i>	Abhisheka with Shankha or Prokshana with Pushpa. Chant first Mantra in Purusha Sookta or "Om Namō Naarayanaaya"
7. <i>Snaana Anantaram</i> <i>Aa-cha-ma-nee-yam</i> <i>Samarpayami</i>	Pure water 3 times through Shankha
8. <i>Vastram Samarpayami</i>	Mantrakshata
9. <i>Gandhan Samarpayami,</i> <i>Akshataan Samarpayami</i>	Gandha, Akshata
10. <i>Alankaaraan</i> <i>Samarpayami</i>	Alankaara with Pushpa Garland
11. <i>Archana: 'Om Sri</i> <i>Kesavaaya</i> <i>Nama:,'</i>	Chant the Kesavaadi 24 naamaas and do Archana
12. <i>Dhoopam Samarpayami</i>	Dasaanga dhoopa
13. <i>Deepam Samarpayami</i>	3-bhatti ekaarathi
14. <i>Naivedyam Samarpayami,</i> <i>Thaamboola Dakshinaan</i> <i>Samarpayami</i>	Naivedya of all the items, fruits and Thaamboola, Dakshina, with Thulasi
15. <i>Mahaa Neerajanam</i> <i>Samarpayami</i>	5-bhatti Mangalarathi
16. <i>Praarthanaan</i> <i>Samarpayami</i>	Praarthana
17. <i>Namaskaaraan</i> <i>Samarpayami</i>	Namaskaara

Sri Rama Pooja is now completed. If time permits, read out a few slokas of Rama Avatara from Vaalmiki Ramayana. A few slokas are given below.

एवं विसृज्य तान् सर्वान् राजा संपूर्ण मानसः ।

उवास सुखिनः तत्र पुत्रोत्पत्तिं विचिन्तयन् ॥ (7)

ततो यज्ञे समाप्ते तु ऋतूनां षट् समत्ययुः ।

ततश्च द्वादशे मासे चैत्रे नावमिके तिथौ ॥ (8)

नक्षत्रे अदिति दैवत्ये स्वोच्च संस्थेषु पञ्चसु ।

ग्रहेषु कर्कटे लग्ने वाक्-पतौ इन्दुना सह ॥ (9)

प्रोद्यमाने जगन्नाथं, सर्वलोक नमस्कृतम् ।

कौसल्या अजनयद् रामं दिव्य-लक्षण-संयुतम् ॥ (10)

कौसल्या शुशुभे तेन पुत्रेण अमित तेजसा । (12)

भरतो नाम कैकेय्यां, जज्ञे सत्य-पराक्रमः ।

अथ लक्ष्मण-शत्रुघ्नौ सुमित्रा अजनयत् सुतौ ॥(14)

(बालकाण्डे अध् 18)

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CHANDRA GRAHANA

4-4-2015 (Saturday)

Chandra Grahana. 4-4-2015 (Saturday). Chaitra-Shuddha-Pournami. Sparsa at 3.45 pm. Grahana Anush-taana starts at sun set. (Please know the time of the sun set in your place from daily news paper or internet) After sun set, Snana, Tarpana, Japa, Dana, etc. Grahana ends at 7.15 pm. Snana after this and Pooja, Shraddha, Bhojana, etc. No Bhojana from the morning. No Hastodaka to Saints. Pregnant ladies, small children, very elderly people can take some liquid food till 3.30 pm.

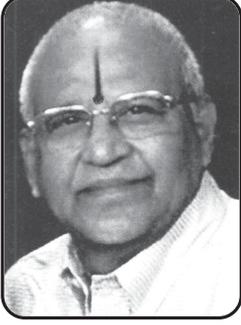
***Note:** In some places, Grahana will end before sun set. In those places, there is no Grahana Aacharane.*

Grahana occurs during Hasta Nakshatra. Those born in Hasta Nakshatra (Kanya Rasi) should do more daana, japa for Parihara of Grahana Peeda. (Nirnaya Sindhu page 49-50 gives more details on this).

इन्द्रो-ऽनलो, दण्ड-धरश्च, ऋक्षः पाशायुधो, वायु, धनेश, रुद्राः ।
कुर्वन्तु सर्वे, मम जन्म-ऋक्ष राशिस्थ चन्द्र-ग्रह दोष शान्तिम् ॥

At the start of the Grahana, after Snana, chant the above said sloka 8 times and tie the paper in the head. After the Grahana, give this paper as daana along with Tulasi, Taamboola, plenty of Dakshina.

Pregnant Ladies: Pregnant ladies should not see the Grahana. Though the rays of Grahana is not visible to our eyes, they are more powerful. If those rays fall on pregnant lady, it is not good to her and to the child too. Hence they should be inside the house, with doors and windows closed.



***Introducing
a new book***

by

Sri P.V.R.K. Prasad

***I.A.S. (Retd.,)
Hyderabad***

Sri. P.V.R.K. Prasad had served as Executive Officer, T.T.D, Tirupati some 38 years ago. During his period, as 'the first servant' of the Lord, "he transformed Tirumala into a heaven on earth. He launched several projects and Programmes to meet the diverse needs of visiting devotees. *Naaham Karta, Hari-h Karta* (I am not the doer, Hari is the doer) is an article of faith with him" says the saint Sri Satyatma Tirtharu in his message of blessings.

Sri Prasad narrates, in the book, his experiences with the Lord and His work. It is full of devotion. " The narration is simply engrossing. Every episode whetted my curiosity to go to the next episode" says the former Prime Minister, the late P.V. Narasimha Rao, in his Foreword. This Journal, now in your hand, is the organ of Tiruchanur S.M.S.O. Sabha of which Sri Prasad is the Vice-President.

The narrations in his book are so heart-pleasing to read. The office-problems and house-problems he faced are common in everybody's life. The method he adopted to solve them is the best model for so many like him at all times. It is a model as how to curb one's own bureaucratic EGO. It will surely promote Bhakti in the minds of readers. With that intention, the first episode in the book is reproduced here.

Managing Editor

Book in English**"When I saw Tirupati Balaji"*****(Naaham Karta, Hari-h Karta)****By P.V.R.K. Prasad I.A.S.(Retd)*
HYDERABAD, Cell- 09440896355

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Pages: 317**Rs.175**

**WHEN I WAS BROUGHT DOWN
TO MY KNEES**

One may experience knee pain when one climbs the Seven Hills to have 'darshan' of Lord Srinivasa at Tirumala. But when knee pain strikes even before one sets out on a journey to Tirumala, it is a mystery. I had to witness the agony when I tried to scotch the very idea of going to Tirumala.

* * * * *

My postings in the districts, as trainee Assistant Collector in West Godavari district, Sub-Collector, Bhuvanagiri and Project Officer, Small Farmers' Department Agency, Nalgonda district, and District Collector, Khammam (for three years), had almost ended. In 1977, the Government appointed me Managing Director of the Andhra Pradesh Irrigation Development Corporation with its headquarters at Hyderabad.

With the stints in the districts over, my wife and I had been planning to seek admission for children

in good schools and settle down in our own home coming up in Hyderabad. There was a call from the office of the Chief Secretary, Mr. I.J. Naidu. When I called on him, he told me that I should pack up and go back to the districts once again. But this time I should go as Executive Officer of the Tirumala Tirupati Devasthanams (TTD), as suggested by Chief Minister Dr. M. Channa Reddy.

The Chief Minister shortlisted a few candidates from out of those suggested by the Chief Secretary. From among them, I was given the first choice for the TTD position. Explained the Chief Secretary: "For one to work in a religious institution, one should have total faith in the institution and the Lord and one should be eager and willing to work there. The Chief Minister has selected you. Posting orders will be given only if you give your consent".

I was not inclined to take a decision on the spot either way. Conflicting emotions crossed my mind. I was not reconciled to leaving Hyderabad so soon after having planned to settle down. But could I say that I was not interested in going as it might mean spurning a call from the Lord? In this context, I was reminded of what a friend of mine had told me: when an IAS official working as West Godhavari District Collector declined to be posted as TTD Executive Officer, the Government had to cancel the orders already issued. Two or three weeks later, he got into serious trouble resulting in suspension from service.

I, therefore, felt that my wife and I should seriously consider the pros and cons and resolve the dilemma. The Chief Secretary agreed to grant to me two days to make up my mind.

Returning home, I discussed the matter at length with my wife Gopi. We had been on the move in the districts for more than a decade. Daughter Madhavi had already moved from school to school at three different places, even before she entered the first class. The new posting would once again disrupt her studies. I was not too keen on moving out. At the same time, I was in no mood to tell the Chief Secretary that I was not interested as it was a call from the Lord. We, therefore, hit upon the idea of leaving the matter to the Government. We thought it was a clever move on our part. I informed the Chief Secretary accordingly. But Mr. I.J. Naidu was not prepared to accept the proposal. He told me point-blank: "Look Prasad, unless you agree to go there willingly, posting orders cannot be given. The CM is particular that the person posted EO should be keen to go there and work there willingly". After a pause, Mr. I. J. Naidu added, "Anyway, I will convey your viewpoint to the Chief Minister. Let us see what he has to say". I uttered a sigh of relief as I felt the posting would not take place and the issue had been resolved to our satisfaction. But we did not realise then that the decision of not going to Tirumala would end up in my going through a period of agony and anguish. The decision had its fallout that very evening when we went for a movie. -----

As our entire family watched the movie, daughter Madhavi developed pain in her right knee. By the time the movie ended, her knee has swollen and pain increased. We had to carry her to the car. The next morning we took her to a doctor. The doctor suspected it to be a case of an insect bite and pre-

scribed some drugs. But she had no relief either from swelling or pain. The pain was severe when she tired to fold her leg. Two or three days passed by. She underwent many tests, including X-rays, but the cause could not be established. The girl was made to gulp drugs. She stopped going to school as she could not walk or bend her legs. Doctors suspected rheumoid arthritis. She was then subjected to a rosemary test. The result was the same: "Everything is all right. No abnormalities". With half of her leg bandaged, Madhavi was immobilised. As days rolled by with tests and medication, we could not reply to her plaintive cry, "How long should I suffer? When will I go back to school?".

It had already been a month since Madhavi stopped going to school. Deep down, I felt that I was overlooking something. What could it be? Could it be a consequence of my stratagems to avoid the TTD posting? Gopika and I reviewed the sequence of events---- the call from the Chief Secretary, our decision to leave the matter to the Government, Madhavi developing knee pain in the movie theatre on the very day I conveyed my decision to the Chief Secretary and her forced absence from school from the next day. All the developments fell in place like the pieces in a jigsaw puzzle and seemed to provide an answer to our nagging question as to why she developed the knee problem all of a sudden. ----- Preferring good schooling for the child to my serving the Lord. The first thing I did the next morning was to meet the Chief Secretary and give my consent for the TTD posting.

Mr. I. J. Naidu told me very coolly: "The subject came up for discussion with the Chief Minister twice

or thrice. I informed him about your lukewarm response. But he is yet to decide on as to who should be posted. Anyway, I will broach the matter again with the Chief Minister at the appropriate time and find out his reaction".

Mr. I.J. Naidu, however, did not assure me of the posting as he was aware of Dr. Channa Reddy's interest in the TTD. I confided in the Chief Secretary, "I had said a 'no' when Lord Srinivasa beckoned me. I was foolish in not jumping at the idea and giving my consent". I told him about my daughter also. "Now I am very eager to go. Please help me in getting the posting". The Chief Secretary merely nodded, giving me the impression that he appreciated my plight.

surprisingly, what ultimately happened vindicated my interpretation of the events. That evening the Chief Secretary called me to hand over the posting orders. I was overwhelmed with joy. Straight I returned home with the orders. I could not believe what saw there, in my house.

Transfixed, I watched our daughter Madhavi come running shouting, "Daddy, Daddy", and encircling me in excitement. "See, I have peeled off the inconvenient half plaster myself. See, how well I am walking. The swelling is gone, the pain is gone...." So saying, in ecstasy, she folded and stretched her leg, skipped and jumped and sprinted. Madhavi's joy soared to the skies. Who pulled us out of the 40-day ordeal?

An Enlivening Sri Hanuman Desires

(Ref. MBTN: Adhy.8/slk 246)

S. Yadunandanachar, Srirangam

Ph. 9245442122

यस्ते कथा सेवक एव सर्वदा सदारतिस्त्वय्यचलैकभक्तिः ।
स जीवमानो न परः कथञ्चित् तज्जीवनं मेऽस्त्वधिकं समस्तात् ॥

Sri Rama after adorning the throne of Ayodhya, he praised every body who did their best to please Sri Rama in connection with Sita Samveshana, SethuBandhana, Ravana Samhara etc. in his court.

At that time, he praised very much Sri Hanman, admiring his incomparable jobs during all the above. Rama honoured Hanuma by giving him an extraordinary boon, "Saha-bhoga-“सह-भोग” which is eligible to Vayu / Brahma only”

This Saha-Bhoga is a ultimate boon that can be given to Jeevas. It consists all the speciality that a jeeva can have. Even then Sri Hanuman with modesty requested Sri Rama that Oh Lord! one who always hears and thinking about the greatness of your goodself, having an incomparable and a steady affection on you, he alone is a great human-being or a living-being. This type of enlivening will be the only way to attain your lotus feet. Other than this, having mere wealth health etc. are not meant with that. Sri Rama, as you have great pleasure on me I beg you to give that type of enlivening to me. That also should be at the highest level in Jeeva Varga.

प्रवर्धतां भक्तिरलं क्षणे क्षणे त्वयीश मे हास विवर्जिता सदा ।
अनुग्रहस्ते मयि चैवमेव निरौपधौ तौ मयि सर्वकाम ॥ 247

Oh Sri Rama! The Supreme Soul! my affection (Bhakti) on you should increase for every second and it should not diminish. I don't have any other reason in having affection on you (निरुपाधिक भक्ति) This will be a great obligation I wish to have from you.

How great Sri Hanuman? Sri Rama is ready and capable to offer any worldly materials to him, which he desires. He also deserves for it. Even though Sri Hanuman did not want any other thing than Bhakthi. That why Sri Rama had such great affection on Hanuman only rather than other jeevas.

This is also rightly said “भक्त्यैव तुष्यति हरिः”

We pray Sri Hanuman and sri Rama to bless us with such a great enlivening to us at our capacity.

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Book Review

A small hand-book in English (Just 150 pages). Very useful in the house for our children, grandchildren and adults.

Book Name : **SAADHANA-SAADHYA** (साधन-साध्य)

It is not meant for mass-sales.
Certainly no *Vyaa-paara* motive

Write to him : **Prof. S.N. Rao, 55, II-sect,
12th St., K.K. Nagar, Chennai-78**

Compiled on the occasion of his completing 80 years. In the previous generation, in our houses, even children knew something about *Atma, Ekadasi, Gayatri, Karma, Japa, Dhyana, Veda, Yagya, Jeevatma, Paramatma, Bija-Akshara* and the like. These house-hold-terms have vanished in our houses in the context of modern convent school culture. Even parents today, do not know anything about their own GURU. The School-miss or the Class-teacher is the Guru.

In such a context, just imagine the value of an hand-book containing shor articles on these subjects in simple English. All based on our Shastra of Veda, Upanishad, Gita and therefore very authentic, good standard and highly useful in the house. Some of the Sanskrit quotations in the book are worth memorising. Can be useful like a Ready-reck oner or a surprise trump-card in private Conversations.

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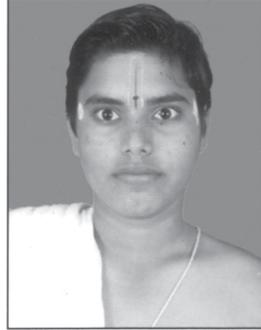
Chi. **R. Anirudha**, (Age – 18).

B.C.A., I year, St. Joseph College, Trichy.

A GURUKULAM VIDYARTHI

He scored high Marks in +2 (86% in computer science) and got admission in college on merit. In the 1st semester in B.C.A.. He scored 85%,(Department 1st) in Nov '2014.

He is a Sanskrit student in college and a Vidhyarthi in Srirangam Veda Vidya Gurukulam from his very early age. Now he can recite several popular sooktas required during shanti-Homas including Pavamana Full. He is appearing for the competition in Feb/ March 2015 in the subjects of Punyaha-Vaachana and Agni-mukha that are so essential for all Shanti Homas. He has already accompanied able Purohit Sri.V.Rangacharya(his uncle) during holidays. Hence, has gained fair



knowledge in that field with meaning. He is Upa-Adhyapaka during Annual Gurukulam camp, teaching New Vidhyarthi. During spare-time, he is a regular Sree-paadam-thaangi in Sri Ranganatha Swami Temple (Carrying Lord on shoulders during processions). Anirudha is studying Madhwa Vijaya with commentary in Sanskrit. His father Sri. V.Raja Rao is a B.Sc and an able cook. Phone: 9443137106 (Anirudha: 8098159205).

Chi. **K. Upendra Theerthan** (Age-12)

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S.M.S.O Sabha joint Secretary Sri.T.S.R. has enlisted him for Goshti-Parayana in a sabha at Srirangam this year and has honoured him with a sambhavana of Rs.500+500. He is appearing for competition in Punyaha-vachana and Agni-Mukha in Feb / March 2015. He is preparing for the First Sanskrit Exam in Chitoor Amara Bharathi in March 2015. His father Sri.Krishnan is an able cook at Srirangam. His Phone: 9942686147 (mother: 9688817591).